

The
GlobalNEW LIGHTof MYANMAR

Four Objectives of the National Defence and Security Council

1. To steadfastly strive for emergence of political forces and the people’s representatives who can implement a genuine, disciplined multi-party democratic system while constantly emphasizing on the national interests of the State.
2. To persistently strive for promoting the socio-economic life of the people through the development of agro-based industries in improving the agricultural sector; the vital foundation of the economic growth of the State.
3. To put emphasis on enhancing the national education and health sectors for sustainable development of the State.
4. To implement multi-party democratic system, with the participation of the people, to ensure the success of multi-party democratic general election process and successfully moving towards with the multi-party democratic system aspired by the entire people.

Call made for all ethnic groups to strengthen nation-building through national unity

The history of the Tatmadaw traces its roots to the founding of the Burma Independence Army (BIA), while the nation’s patriotic spirit can be traced further back to the early nationalist movement led by the Young Men’s Buddhist Association (YMBA).

Senior General Min Aung Hlaing underscored that all citizens have to keep the genuine national spirit in their minds to strive for serving the interests of the State.

The Young Men’s Buddhist Association (YMBA — Central) held a ceremony to present prizes to winners in the 38 Auspicious Blessings and Buddhological Examination to mark the 75th Anniversary (Diamond Jubilee) of YMBA at Zeyathiri Beikman on Konmyinthta, Yangon, yesterday morning.

Acting President of the Republic of the Union of Myanmar and Chairman of the State Security and Peace Commission, and Life Patron of YMBA Senior General Min Aung Hlaing delivered a speech on the occasion.



SEE PAGE 3



Acting President and State Security & Peace Commission Chairman Senior General Min Aung Hlaing, who is also YMBA Life Patron, speaks at the awards ceremony for the winners in the 38 Auspicious Blessings and Buddhological Examination in marking YMBA’s Diamond Jubilee yesterday.

Salient points from the speech delivered by the Senior General at the awarding of the 38 Auspicious Blessings and Buddhological Examination

1. The country’s education system is designed to provide a complete pathway from school education to practical skills and knowledge.
2. The Government is also working from various angles to further enhance and elevate Myanmar literature as well as the country’s existing indigenous languages.
3. All ethnic nationalities should participate in nation-building efforts with a sense of personal responsibility, national spirit, respect for language, dedication to preserving religion, and a commitment to promoting education.

NATIONAL



2025 MULTIPARTY DEMOCRACY GENERAL ELECTION

- Domestic election observers who wish to monitor the multiparty democratic general election, which will begin in phases on 28 December 2025, may apply for election observation permits at the Union Election Commission (UEC), as well as the relevant Region/State, District, and Township Election Subcommissions from today until 5 December 2025.
- The Union Election Commission announced on 16 September 2025 that domestic election observers must follow the Code of Conduct for Observers, issued under Notification 68/2025, and adhere to the procedures set out for their observation activities under Notification 69/2025. These notifications are available for viewing and can be downloaded from the Union Election Commission's official website <https://www.uec.gov.mm>.
- The Union Election Commission has also announced that international election observers will be allowed to monitor the multiparty democratic general election. Invitations will be extended directly to representatives of relevant countries and international organizations. In addition, through the Ministry of Foreign Affairs, invitations will be sent to representatives of foreign embassies, consulates, and permanent missions that maintain diplomatic relations with the Government of the Republic of the Union of Myanmar.

Union Election Commission



- Let us encourage production for prosperity of the Nation.
- Let us ensure education sector for the development of the Nation.
- Let us protect our environment for the prosperity of the Nation.

Union Peace & Unity Party (UPUP) and People's Party of Myanmar Farmers and Workers (PPMFW) deliver campaign speeches

THE electoral speeches of the Union Peace & Unity Party (UPUP) and the People's Party of Myanmar Farmers and Workers (PPMFW) are featured on pages 10 and 11 of today's issue of The Global New Light of Myanmar newspaper.

Myanmar Daily Weather Report

Issued at 7 pm Friday 14 November 2025

BAY INFERENCE: Weather is generally fair over the North Bay, a few cloud over the Central Bay and partly cloudy to cloudy over the Andaman Sea and elsewhere over the Bay of Bengal.

FORECAST VALID UNTIL NOON OF 15 November 2025: Rain or thundershowers will be fairly widespread in Taninthayi Region, scattered in Kayin, and Mon States and isolated in Yangon, Bago, and Ayeyawady regions. The degree of certainty is 80 per cent. Weather will be generally fair in Nay Pyi Taw, Mandalay, Magway, Lower Sagaing Regions and Rakhine, and northern Shan States and partly cloudy in the remaining Regions and States.

THE CONDITION OF CUMULONIMBUS CLOUD: The cumulonimbus clouds are developing in Yangon, Bago, Ayeyawady, and Taninthayi regions, Kayin and Mon States. In the area along the cumulonimbus clouds, the weather phenomena such as strong winds accompanied with rain, thunder, lightning and hail may occur and therefore it is recommended to be aware in advance of these phenomena.

STATE OF THE SEA: Sea will be moderate in Myanmar waters. Wave height will be about 5-7 feet off and along the Myanmar Coasts.

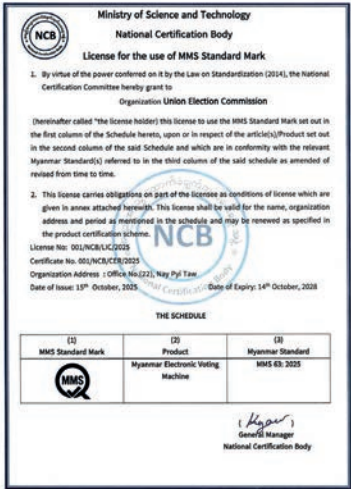
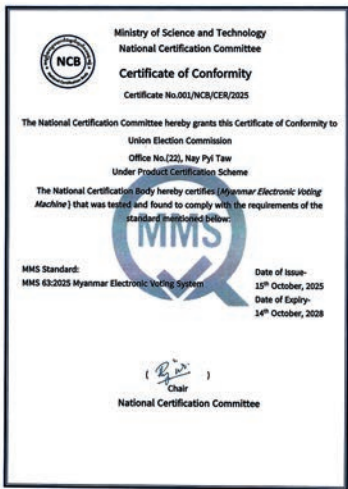
OUTLOOK FOR THE NEXT TWO DAYS: Likelihood of slight decrease of night temperatures in Upper Sagaing Regions and Kachin, Chin, and Shan States.

FORECAST FOR NAY PYI TAW AND NEIGHBOURING AREA FOR 15 November 2025: Generally fair weather.

FORECAST FOR YANGON AND NEIGHBOURING AREA FOR 15 November 2025: Isolated rain or thundershowers. The degree of certainty is 80 per cent.

FORECAST FOR MANDALAY AND NEIGHBOURING AREA FOR 15 November 2025: Generally fair weather.

WEATHER OUTLOOK FOR WEEKEND: Weather will be generally fair in Nay Pyi Taw, Mandalay Region and rain or thundershowers will be isolated in Yangon Region. — DMH



Myanmar Electronic Voting Machine receives national standards, certification

LOCAL experts first invented the Myanmar Electronic Voting Machines (MEVM) to be used in the 2025 multiparty democratic general election. A request was submitted for verification of the quality and standards of the machines, and the National Standards Council formed a 20-member Technical Subcommittee to draft the required standards for the machines. The Technical Subcommittee drafted the MEVM standard (draft), and the council recognized the MEVM standard as a Myanmar Standard Under Notification 075/2025 on 2 September 2025, as per the duty stated in Section 5 (b), exercising the authority conferred by Section 33 (b) of the Law on Standardization.

The Council also formed an Electrical, Electronic, and ICT Inspection Committee under Notification 083/2025 to evaluate whether the MEVM and their production process meet the required standards.

MEVM has now passed all evaluations, and it has received the recognition of the National Standards Council as MMS, Certification of Conformity (CoC) from the National Certification Committee (NCC) and a licence to use MMS Standard Mark on the product from the National Certification Body (NCB).

Union Election Commission

NATIONAL

Residents Urged to Prioritize Public Safety Amid Armed Terrorist Threats

ARMED terrorists have been launching attacks by using residential homes and administrative buildings in towns and villages as cover, where they have forcibly settled. They aim to shield themselves from Tatmadaw counterattacks while also persuading temporarily displaced persons to return to their native areas and recruiting new members. That enables terrorists to use civilians as human shields. Tatmadaw is committed to safeguarding the sovereignty of the State and will respond to these threats based on intelligence and prevailing conditions. Therefore, residents in areas where terrorists have taken control must prioritize their safety and protect themselves from being exploited by these groups.

(An excerpt from guidance given by Chairman of the State Administration Council, Prime Minister Senior General Min Aung Hlaing to Shan State cabinet members and state-level departmental officials on 3 September 2024)

Call made for all ethnic groups to strengthen...

FROM PAGE 1

First, the Senior General and the party viewed the documentary photo gallery of YMBA.

They all recited Namo Tassa three times and saluted the flag of the Republic of the Union of Myanmar at the opening of the ceremony.

Ma Thu Thu Than Thar Aung from Mawlamyine of Mon State, who won a silver medal in the old/modern song contest of the 26th Traditional Myanmar Cultural Performing Arts Competition, performed a song entitled “Three Colours”.

Speaking on the occasion, the Senior General said that all citizens have to keep the genuine national spirit in their minds to strive for serving the interests of the State.

He highlighted that at the present time, the YMBA continues its activities related to language and literature. Likewise, the Government is also working from various angles to further enhance and elevate Myanmar literature as well as the country’s existing indigenous languages.

He noted that it is not only in the present day that we live in an era of learning; since the beginning of the world, human society has been built on the foundation of knowledge. At present, the State has set KG+9 as the minimum compulsory education goal and is implementing an education system to ensure the emergence of strong and capable human resources.

The Senior General stressed that the country’s education system is designed to provide a complete pathway from school education to practical skills and knowledge. Only strong human resources equipped with such skills and knowledge can support the nation’s development and ensure its long-term stability and sustainability.

He highlighted that based on the people’s enduring patriotic spirit and the challenges they have faced, the nation has had to navigate various difficult stages. Therefore, by drawing lessons from past historical events, it is important for everyone to firmly understand that this year’s National Victory Day motto — “Let’s march towards a new golden nation in unity” — reflects the country’s genuine need for a strong and healthy sense of



Acting President and SSPC Chairman Senior General Min Aung Hlaing explores photo exhibits at yesterday’s Yangon event.

national spirit at present.

He stressed that when recounting the history of the YMBA, one inevitably comes across the history of Myanmar’s struggle for independence. The YMBA was the earliest national organization to lead efforts for independence and national politics in Myanmar. Founded in 1906, the association has now turned 119.

Subsequently, the Senior General continued that the YMBA was formed, and through its young members, it was possible to establish the Thirty-Comrades and, through that, the Burma Independence Army, which ultimately helped the country regain its independence. The association provided the solid foundational principles that made this possible. It can be said that the history of Tatmadaw started from BIA’s establishment as well, and the origins of patriotic spirit can be traced back to the YMBA.

He recounted that since 1949, the YMBA has led the organization of examinations on the Thirty-Eight Blessings (Mangala Sutta) and Buddhology. This year marks the 75th anniversary of these examinations, now celebrated as the Di-

amond Jubilee.

He underlined that a distinctive feature of this year, unlike previous years, is that candidates were able to take the examinations not only in the Myanmar language but also in ethnic languages such as Mon and Pa-O. It is necessary to work towards enabling candidates in the coming years to take the exams in these and other ethnic languages as well.

He emphasized that all ethnic nationalities living within the country should participate in nation-building efforts with a sense of personal responsibility, guided by a spirit of love for the nationality, respect for language, dedication to preserving the religion, and a commitment to promoting education.

YMBA Chairman U Ye Tun handed over a historically architectural mason trowel used in laying down the cornerstone of the YBMA building in Pazundaung Township of Yangon Region on 4 April 1952, Friday, 10th Waxing of Tagu, 1313 ME, donated to the Defence Services Museum to Maj-Gen Zaw Min Tun, Director of the Public Relations and Psychological Warfare of the Office of the Command-

er-in-Chief (Army).

Pa-O and Mon traditional cultural dance troupes performed traditional dances.

The Senior General presented first prizes to winners in the Myanmar language (senior), Pa-O language (senior) and Mon language (junior) of the 75th Anniversary (Diamond Jubilee) 38 Blessings and Buddhism Examination organized by YMBA.

Commission Secretary and Joint Executive Chief General Ye Win Oo, Union Minister for Cooperatives and Rural Development U Hla Moe, Union Minister for Natural Resources and Environmental Conservation U Khin Maung Yi, and Yangon Region Chief Minister U Soe Thein gave prizes to winners in the 38 Blessings and Buddhism Examination.

Students recited the 38 Auspicious Blessings and sang the Zartiman song. The Senior General and attendees enjoyed their singing activities.

After the ceremony, the Senior General cordially greeted the attendees and had lunch together with the prize winners and attendees. — MNA/TTA

NATIONAL

MBAEA Union Minister meets ethnic literature & cultural groups in Myitkyina

A member of the State Security and Peace Commission, Union Minister for Border Affairs and for Ethnic Affairs Lt-Gen Yar Pyae, and members of the Central Advisory Body of the National Defence and Security Council met ethnic literature and cultural associations at the Malikha Hall of the Kachin State Government Office in Myitkyina yesterday afternoon.

Union Minister Lt-Gen Yar Pyae stated that, although the area is called Kachin State, all ethnic groups live together as in other regions and states, emphasizing the importance of unity among all ethnic groups, outlining Non-distintegration of the Union and Non-disintegration of national solidarity in Our Three Main National Causes, noting the state's efforts to ensure ethnic groups do not



Union Minister Lt-Gen Yar Pyae addresses the meeting with ethnic literature and cultural associations in Kachin State yesterday.

lose their literature, culture, and customs and the need for everyone to help preserve them, stressing the submission of necessary information to the ministry, highlighting the many basic

socio-economic needs in ethnic regions and the importance of achieving peace and ethnic unity through political means to enable national development, and calling for cooperation among

all ethnic groups.

State Minister for Ethnic Affairs U Kyaw Min Khaing then explained the implementation status of ethnic affairs in the state in accordance with the

Union Ministry's guidelines and instructions. Leaders of the literature and cultural groups of six Kachin ethnic groups, five Shan ethnic groups, and the Bamar, Kayin, Chin, and Rakhine ethnic groups presented and discussed the needs and issues related to carrying out literary and cultural preservation activities for their respective communities.

Afterwards, the Union minister and the State Chief Minister presented awards and souvenirs to representatives of the ethnic literature and cultural groups.

The chief minister discussed how the state government is addressing its needs and the measures presented to the ministry, while the Union minister offered clarifications and delivered a closing speech, after which the ceremony was adjourned. — IPRD/TH

Deputy Minister represents MoHT at 26th UN Tourism General Assembly in Saudi Arabia

A Myanmar delegation led by Deputy Minister for Hotels and Tourism U Phyo Zaw Soe attended the 26th UN Tourism General Assembly held in Saudi Arabia from 7 to 10 November.

Minister for Tourism of Saudi Arabia Mr Ahmed Al-Khatib led the assembly, and the event focused on ongoing and completed projects of 2024-2025, human resources and financial status of UN Tourism, full memberships of 161 countries and joint members by 497 countries for UN Tourism, approval to appoint Ms Shaikha Al Nowais from the UAE as secretary general of UN Tourism from 2026 to 2029 and other tourism related matters.

The Myanmar delegation also attended another four meetings associated with the general assembly and observed the on-



The 26th UN Tourism General Assembly is in progress on 7-10 November 2025 in Saudi Arabia, attended by Deputy Minister U Phyo Zaw Soe.

going cooperation in promoting the tourism industry among UN member states.

The delegation also attended the opening ceremony of the 26th UN Tourism General Assembly, the 50th anniversary of UN Tourism and the Grand Final of the UN Tourism Artificial Intelligence Challenge.

The Deputy Minister and party also attended the TOUR-ISE discussion held by the Ministry of Tourism of Saudi Arabia from 11 to 13 November at the King Abdulaziz International Conference Centre, and observed the challenges and hardships of governments and private sectors in promoting the

global tourism industry amid the ongoing global political, economic, social and technological issues.

During the general assembly, the deputy minister met with the minister and deputy minister for Tourism of Saudi Arabia and discussed cooperation between the two countries and peoples,

and the potential to cooperate in the tourism industry.

Similarly, he met with the officials from industry sectors of Laos, Cambodia, Thailand, Vietnam, Indonesia, India and Uganda and discussed bilateral cooperation in tourism, drafting an MoU for bilateral cooperation and market promotion, signing of approved MoU, extension of expired joint projects, amendment of prolonged MoU and holding of bilateral coordination meetings.

He also met ministers and representatives from other countries and discussed tourism development measures for Myanmar. The 27th UN Tourism General Assembly will be held in the Dominican Republic in 2027. — MNA/KTZH

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NATIONAL

General Aung San Declares Firm Stand Against Election Disruption

“Our Government shall not permit any disruption of the forthcoming election. The electoral process shall remain free and fair, and no interference shall be exercised upon those who participate in it. Yet, let it be firmly declared that any attempt to disturb or sabotage the election shall be met with the full weight of authority”.

(An excerpt from the radio address regarding the election, delivered by General Aung San on 13 March 1947)



Ceremony held in Nay Pyi Taw to mark 105th National Victory Day

THE ceremony to commemorate the 105th National Victory Day was held at 9 am yesterday in the meeting hall of the Ministry of Education in Nay Pyi Taw. Union Minister for Education Dr Chaw Chaw Sein, Union Minister for Health Dr Thet Khaing Win, Deputy Minister Dr Zaw Myint, permanent secretaries, responsible officials, the Nay Pyi Taw Council Area

education officer, district and township education officers, headmasters and headmistresses, teachers, and students attended the ceremony. Students from No 11 Basic Education High School in Nay Pyi Taw opened the ceremony with a rendition of the song We Shall Not Forget National Day. Union Minister for Education Dr Chaw Chaw Sein then



The 105th National Victory Day celebration is underway yesterday in Nay Pyi Taw.

read out the message sent to the ceremony by the Acting President of the Republic of the Union of Myanmar and Chairman of the State Security

and Peace Commission, Senior General Min Aung Hlaing, to mark the 105th National Victory Day. Students from Basic Edu-

cation High School No 6 in Nay Pyi Taw later sang the song Nagani (Red Dragon), bringing the ceremony to a successful close. — MNA/KZL

YMBA marks 105th National Victory Day with title conferrals and awards

THE Young Men’s Buddhist Association (YMBA) held the ceremony to confer honorary titles for the 105th National Victory Day, together with the 38 Auspicious Blessings and Buddhist Buddhological Examination Award Ceremony, yesterday morning at Zeyathiri Hall in Konmyinthta, Mayangon Township, Yangon Region. The ceremony opened with the recitation of Namo Tassa three times. The message for National Victory Day sent by Acting President of the Republic of the Union of Myanmar and Chairman of the State Security and Peace Commission Senior General Min Aung Hlaing, in his capacity as the YMBA’s Life Patron, was then read out by YMBA Patron U Sein Than. Afterwards, YMBA (Central) Chair U Ye Tun explained the history of the Dhamma examination and award presentation. Singer Thu Thu Than



The awards ceremony in progress for the 105th National Victory Day, organized by the Young Men’s Buddhist Association (YMBA) in Nay Pyi Taw yesterday. Thar Aung performed a tribute song composed in honour of the YMBA. The ceremony continued with the conferring of titles upon members of the Sangha and laypersons. The YMBA (Central) Chair, U Ye Tun, and responsible officials conferred titles on 29 members of the Sangha and presented titles to 39 individuals. Traditional cultural troupes that performed at the ceremony also received cash awards from U Ye Tun and officials. The Kyaikhtisaung Sayadaw donated K10 million to the YMBA, which was received by Chair U Ye Tun. Outstanding students from states and regions were then presented with awards. YMBA (Central) Chair U Ye Tun and officials posed for documentary group photographs with the title recipients and cultural troupes. — MNA/KZL

U Thant Sin presents Credentials to the Right Honourable Mr Ramchandra Paudel, President of Nepal



U Thant Sin, Ambassador Extraordinary and Plenipotentiary of the Republic of the Union of Myanmar to Nepal, presented his Credentials to the Right Honourable Mr Ramchandra Paudel, President of Nepal, on 13 November 2025, at the Office of the President, Rastrapati Bhawan, Maharajgunj in Nepal. — MNA

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NATIONAL

Hotel service trainees graduate in push for tourism development



The hotel service training concluding event is underway yesterday in Meiktila. PHOTO: KO LWIN

WITH the support of the Mandalay Region Government and in cooperation with the Directorate of Hotels and Tourism, a hotel service training graduation ceremony was held at the Grand Cosmos Hotel in Meiktila yesterday morning.

Mandalay Region Minister for Economic Affairs U Thein Htay first delivered an opening speech and presented certificates to the trainers and trainees. Then, Director-in-Charge U Zaw Myo Latt from the Mandalay Region Office of the Directorate of Hotels and Tourism, along with officials, presented certificates to the award winners and trainees, while one trainee gave an appreciation talk.

The training course was attended by 42 trainees in food and beverage catering and 31 trainees in room keeping, totalling

73 participants, and was conducted over two weeks at five hours per day. These courses were organized to develop the tourism industry further through human resource development.

The opening ceremony was attended by Mandalay Region Minister for Economic Affairs U Thein Htay, Director of the Directorate of Hotels and Tourism U Zaw Myo Latt, officials from the District/Township Management and Administration Committee, staff from the Department of Hotels and Tourism, officials from other departments, representatives from hotel and tourism associations, trainees, and guests. The graduation ceremony of the two-week hotel service training course was subsequently also held in PyinOoLwin. — Oktha/MKKS

North Dagon property market hits new highs in Yangon

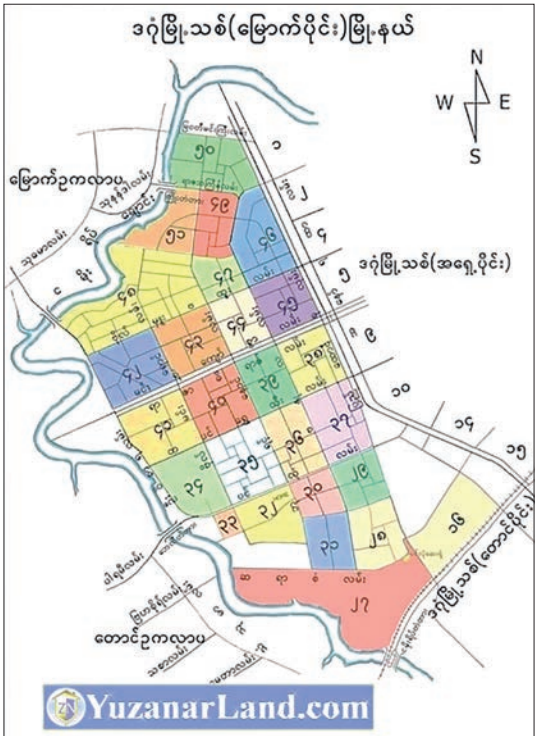
THE real estate market in Dagon Myothit (North) Township, one of four Dagon Myothit townships in Yangon Region, has reached a high price point and is attracting significant interest, according to inquiries made with the respective community.

The township is easily accessible by transport and is now fully equipped with hospitals, clinics, schools, and restaurants. As the standard of living has risen, it has attracted more interest, according to real estate entrepreneurs.

The property market in Dagon Myothit (North) Township has been showing a gradual upward trend, reaching its current high level starting from 2022, according to market analysts.

“Most of the people entering North Dagon are not investors or speculators, but genuine residents. As a result, the population has increased, and since the plots available for sale have decreased, the prices have risen sharply,” said an analyst.

The current Yangon property market sees more genuine buyers than investors, while the rental market for houses, apartments, and condominiums in various townships is flourishing due to the increasing number of relocating people. Rental prices have also reached a higher point than before, with those in some areas doubling compared to previous years, according to market actors. — MT/ZN



A map showing Dagon Myothit (North) Township.

Thai-Myanmar tourism ties strengthened as UMTA attends Siam Amazing Park launch



This image showcases the launch of the Siam Amazing Park.

THE delegation of the Union of Myanmar Travel Association attended Thailand’s Siam Amazing Park launch, as a part of the enhancement of the tourism cooperation between Thailand and Myanmar, according to UMTA.

The event was held at the Melia Hotel in Yangon on 11 November, and UMTA’s first associate treasurer Daw Khin May May Aye and executive member Daw Eaint Kyar Phyu also joined.

The event highlighted opportunities for cooperation in the travel and business sectors of the two countries, Siam Amazing Park’s services and an introduction to the theme park to visitors.

UMTA has also focused on promoting the cooperation between Thailand and Myanmar travel businesses, it said. — MT/ZS

Action taken against individuals disrupting the multiparty democratic general election

SECURITY Force members take serious action against those who have been disturbing and sabotaging the election process through activities such as making speeches and statements on social media platforms and in public places, organizing and inciting others, protesting, writing slogans, and putting up posters and images to disturb the holding of the 2025 multiparty general election.

Acting on the tip-off on 14 November, the combined team comprising police members of Thingangyun Myoma Police Station investigated those who destroyed one signboard of USDP in Laydauntkan Ward, Thingangyun Township, one People’s Party signboard in Bo Kannyunt Ward, another one PP signboard and one People’s Pioneer Party in Thumingala Ward, and arrested four offenders in different wards of Thingangyun



Offenders who disrupt the multiparty democracy general elections are seen.

Township on the same day.

Thingangyun Myoma Police Station opened a case against these four offenders under Section 24 (a) of the Protection of Multiparty Democratic General Elections from Obstruction, Disruption, and Destruction. — MNA/KTZH

Aspirations of armed groups must be resolved through dialogue

❖ “We have always kept the door to peace open. Therefore, we urge all armed organizations to pursue their desires and rightful aspirations through political dialogue and negotiation.”
(Excerpt from the speech delivered by State Administration Council Chairman and Prime Minister Senior General Min Aung Hlaing at the opening ceremony of the Peace Forum 2025 on 25 June 2025)

CBM sells over US\$500K to edible oil importers

THE Central Bank of Myanmar (CBM) sold over US\$502,000, purchased from CMP companies, to edible oil importing companies on 13 November.

CBM announced on 12 November that it would pump US\$27 million into fuel oil sector. Furthermore, CBM sold \$240,900 to edible oil importing companies, along with injection of 600,000 yuan into the market on that day.

CBM sold over US\$762,760 to edible oil importing companies on 11 November 2025 along with injection of \$660,000 purchased from CMP companies to the market.

CBM sold US\$800,000 to edible oil importing companies on 10 November, in addition to injection of 300,000 in the market.

CBM announced on 8 November that it would inject US\$30 million to fuel oil sector. Furthermore, CBM sold \$698,900 to edible oil importing companies on that day.

CBM injected over US\$2.48 million, 5.75 million yuan and 4.98 million baht in October, along with sales of over \$54 million purchased from CMP companies. CBM aims to curb the instability in the foreign exchange market and currency devaluation. According to CBM’s notification on 15 March 2024, it has been collaborating with law enforcement agencies to combat and prosecute those who attempt to manipulate the currency market under the existing laws. CBM allowed authorized deal-



The facade of the Central Bank of Myanmar in Nay Pyi Taw.

ers (private banks) to operate online foreign exchange trading freely as per the market rate, depending on supply and demand, starting from 5 December 2023. — NN/KK

Yangon palm oil prices dip for week ending 20 Nov

THE wholesale reference rate of palm oil set for the Yangon market decreased to K6,355 per viss for the week ending 20 November, down from K6,410 per viss recorded last week.

The Supervisory Committee on Edible Oil Import and Distribution under the Ministry of Commerce has been closely observing the FOB prices in Malaysia and Indonesia, adding transport costs, tariffs and banking services to decide the wholesale market reference rate for edible oil weekly. Despite the reference price, the market price is still high. To control overcharging, the Consumer Affairs Department under the Ministry of Commerce informed consumers of lodging complaints for overcharging through the call centre hotline in late August. The department urges consumers not to buy palm oil at high prices.



Workers seen organizing jerrycans of cooking oil for distribution and sale.

The Committee notified that any person who is involved in price gouging and oil storage to attempt market manipulation will face legal action under the Essential Goods and Services Law. The department is working together with the Myanmar Oil Dealers’ Association and the cooking oil importing companies to offer affordable rates of imported palm oil for consumers. The complaints for overcharging can be lodged over hotline 1535 of the call centre of the Consumers Affairs Department, or sent to the Facebook page of the department and the region and state departments concerned. The domestic palm oil consumption is estimated at one million tonnes per year. The local palm oil production is just about 400,000 tonnes. About 700,000 tonnes of palm oil are annually imported from Malaysia and Indonesia to meet domestic demands. — NN/KK

YUFL opens bids for graduation photo services

THE Yangon University of Foreign Languages (YUFL) invited interested providers to submit proposals or price quotations for graduation photo and video filming services required for the 23rd YUFL Graduation Ceremony held on 10-11 December 2025, YUFL’s Photo and Video Filming Evaluation Committee stated.

The rehearsal for the commencement event is scheduled to take place on 10 December 2025, and the graduation ceremony will be held on 11 De-

cember 2025. This photo and video filming project is only for an indoor package in the convocation hall.

Tender form will be accepted from 10 am to 2 pm beginning on 17 November. The deadline for submission is 2 pm on 24 November. Tender will be opened at 11 am on 25 November.

Individuals can enquire about details and tender rules via the notice board at the YUFL or by dialling 01 7513190. — NN/KK

Gold Market Rate as of 14 November 2025

THE price of one tical (16.329325 grammes) of gold with density of 19.25 grammes per cubic centimetre and above is K5,980,000, as established by the Mineral (Gold) Reference Price Determination Committee.

Preventing Diabetes:
Better Than Curing It

GLOBALLY, diabetes has become one of the most pressing public health challenges. In 2014, an estimated 422 million adults were living with diabetes, a sharp increase from 108 million in 1980. Over the past few decades, the global prevalence of diabetes has nearly doubled, rising from 4.7 per cent to 8.5 per cent among adults. This surge reflects a rise in associated risk factors such as overweight and obesity. In particular, low- and middle-income countries have experienced a faster increase in diabetes prevalence over the past decade compared with high-income countries.

Diabetes is a major contributor to premature death, with at least one in ten adults affected worldwide. The condition can lead to severe complications, including blindness, kidney failure, heart attacks, strokes, and lower limb amputations. Adopting a healthy diet, engaging in regular physical activity, maintaining a normal body weight, and avoiding tobacco use are all proven strategies to reduce the risk of type 2 diabetes. For those already diagnosed, early treatment, regular monitoring, and management of complications can prevent or delay serious consequences.

Preventing diabetes and managing it effectively are essential not only for individual health but also for the overall well-being of communities. By adopting healthy lifestyles, seeking timely medical care, and supporting public awareness campaigns, societies can reduce the burden of diabetes and its far-reaching consequences.

In Myanmar, efforts to combat diabetes include opening clinics for diagnosis and management of diabetes and high blood pressure at rural health centres every Wednesday, providing patients with essential medications and medical supplies. Currently, there are 7,516 clinics nationwide. The Ministry of Health has established Centres of Excellence for Diabetes at four general hospitals in Yangon, Mandalay, Nay Pyi Taw, and Magway. These centres provide high-quality treatment, prevent complications, and raise awareness about diabetes management.

World Diabetes Day 2025 highlights the theme “Diabetes and Well-being,” focusing on “Diabetes and the Workplace.” The campaign seeks to increase understanding of the challenges faced by people with diabetes at work and promote supportive measures. Its slogan, “Know more and do more for diabetes at work,” emphasizes creating healthier work environments, reducing stigma, and improving access to care.

Preventing diabetes and managing it effectively are essential not only for individual health but also for the overall well-being of communities. By adopting healthy lifestyles, seeking timely medical care, and supporting public awareness campaigns, societies can reduce the burden of diabetes and its far-reaching consequences.

(World Diabetes Day 2025 Commemorative Article)

Preserve and Prevent:
The Danger of Diabetes Mellitus

What is Diabetes Mellitus?

The human body's muscles, tissues, and all brain cells require Glucose (Sugar) as their primary energy source. The amount of glucose in the blood is regulated by the hormone 'Insulin', which is released by the Pancreas.

Diabetes Mellitus occurs when the pancreas produces insufficient insulin or when the body's cells cannot utilize insulin effectively (Insulin Resistance). This leads to an increase in blood glucose levels, a condition commonly known as high blood sugar.

Main Types of Diabetes

- * Type 1 Diabetes: A chronic condition where the body produces little or no insulin.
- * Type 2 Diabetes: Occurs when the body cannot use insulin properly (insulin resistance), leading to a failure to produce enough insulin later to maintain normal blood sugar levels.
- * Gestational Diabetes: A condition where a woman without pre-existing diabetes develops high blood sugar levels during pregnancy, which usually resolves after childbirth.

Global and Myanmar Diabetes Situation

Diabetes Mellitus is a major global health crisis, with prevalence increasing rapidly, especially in low- and middle-income countries, largely due to lifestyle changes.

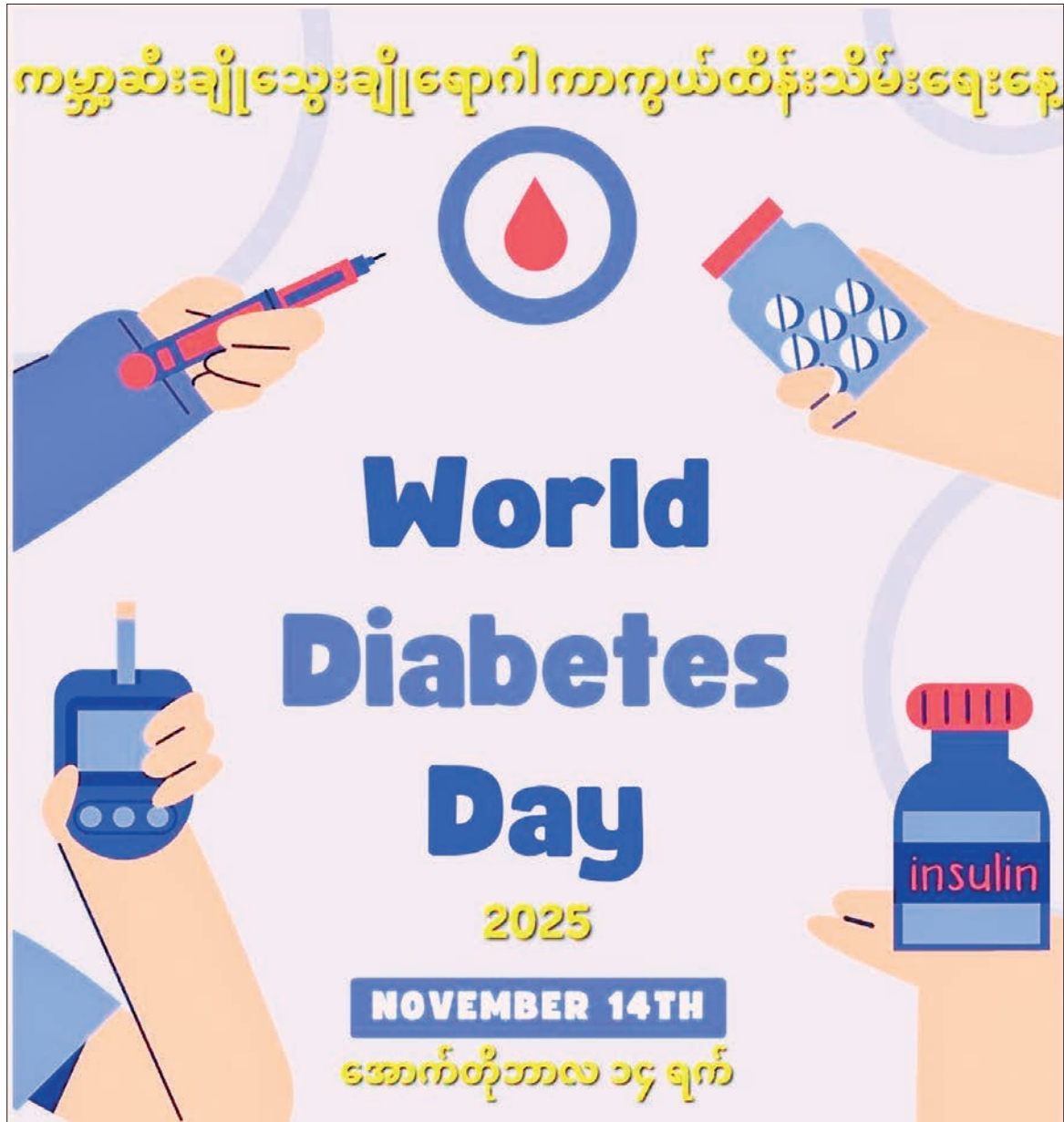
- * **Global Situation:** According to 2021 data from the International Diabetes Federation (IDF), approximately 537 million adults (aged 20–79) worldwide are living with diabetes. In 2021, diabetes or its related complications caused the deaths of 6.7 million adults globally.
- * **Myanmar Situation:** A 2014 survey by the World Health Organization (WHO) indicated that the prevalence of diabetes among adults (aged 25–65) in Myanmar was 10.5 per cent. Furthermore, the prevalence of Pre-Diabetes was 19.7 per cent, meaning these individuals are at high

Causes and Risk Factors for Diabetes

- Individuals with the following conditions are at a higher risk of developing diabetes:
- * Family history of diabetes (especially in parents).
 - * Age 45 and above.
 - * Sedentary Lifestyle (lack of physical activity).
 - * Being Overweight, particularly with increased visceral fat (fat around the abdomen).
 - * Existing conditions such as Pancreatic disease or Polycystic Ovarian Syndrome (PCOS).
 - * History of Gestational Diabetes during a previous pregnancy.
 - * Dietary Risk Factors Specific to Myanmar: Studies suggest that consuming foods with high-salt flavouring agents (Topping Seasonings) and communal eating habits are associated with Type 2 Diabetes.

Signs and Symptoms of Diabetes

- Diabetes can sometimes remain undetected for a long time without symptoms. The most common signs include:
- * Unintended Weight Loss.
 - * Persistent fatigue and exhaustion.
 - * Blurred Vision.
 - * Feeling excessively Thirsty.
 - * Frequent Hunger (Polyphagia).
 - * Frequent Urination (Polyuria).
 - * Numbness or tingling in the hands and feet (Neuropathy).
 - * Frequent skin infections and



- * slow-healing wounds.
- * Vaginal itching (in women).

Diagnosis and Treatment

- Relevant doctors/physicians will confirm the diagnosis based on the patient's medical history, physical examination, and the following tests. Treatment, including medication, insulin injections, and referral to a specialist, will be tailored to the patient's specific condition.
- * **HbA1c Levels:** Measures

the average blood sugar level over the past 2-3 months. A result of 6.5 per cent or higher confirms a diabetes diagnosis.

- * **Fasting Blood Glucose (FBG):** Blood sugar level measured after an overnight fast. A level of 126 mg/dL (7.0 mmol/L) or higher indicates diabetes.
- * **Random Blood Glucose (RBG):** Blood sugar level measured at any time, indicating diabetes if the result

is 200 mg/dL (11.1 mmol/L) or higher:

- * **Oral Glucose Tolerance Test (OGTT):** Used primarily to screen for Gestational Diabetes.

Subsequent Dangers (Complications)

- If diabetes is left untreated for a long period, it can lead to severe complications that may cause disability or even be life-threatening:
- * Cardiovascular Diseases:

- * Coronary Artery Disease.
- * Cerebral Vascular Disease (Stroke): Blockage of blood vessels in the brain.
- * Nerve Damage (Neuropathy): Can severely affect the feet, leading to ulcers, infections, and potentially necessitating the amputation of toes, feet, or legs.
- * Kidney Damage (Nephropathy): Can lead to End-Stage Renal Disease, requiring dialysis or a kidney transplant.
- * Eye Damage (Retinopathy): Damage to the retina that can cause blindness.
- * Increased susceptibility to infections and difficulty in wound healing.
- * Diabetic Foot Ulcers leading to gangrene.
- * Complications during pregnancy can endanger the health and lives of both mother and child.

Myanmar's Efforts in Diabetes Prevention and Control

- Myanmar is implementing various initiatives within its healthcare system to prevent and control the growing prevalence of diabetes:
- * **Myanmar Diabetes Care Model (MMDCM):** Developed to provide fair and equitable diabetes care across the country.
 - * **WHO PEN Programme:** The WHO Package of Essential Interventions (PEN) has been implemented at the rural health centre level to prevent and control Non-Communicable Diseases (NCDs), including diabetes.
 - * **Establishment of Specialty Clinics:** Type 1 Diabetes clinics have been opened at Yangon Children's Hospital and medical universities, and Diabetes Centres of Excel-

By Dr Aung Tun

lence are being established at tertiary hospitals in states and regions.

World Diabetes Day (WDD) 2025: 14 November

14 November is designated as World Diabetes Day by the World Health Organization (WHO) and the International Diabetes Federation (IDF). This date was chosen to honour Frederick Banting, a scientist who co-discovered insulin, as it is his birthday. The theme for World Diabetes Day 2025 is: "Diabetes and the Workplace" — To improve workplace performance, let's accelerate diabetes prevention and control activities.

The Myanmar Diabetes Association (MMDA), in collaboration with the Ministry of Health, annually organizes public awareness campaigns, seminars, and free health check-ups. On 14 November 2025, special emphasis will be placed on educational activities to enable the Myanmar public to effectively combat diabetes.

Be Aware and Prevent

Diabetes Mellitus is a major global health challenge that is becoming increasingly common in Myanmar. Untreated diabetes can lead to severe and potentially fatal complications, including blindness, heart disease, kidney failure, and amputations.

Diabetes cannot be cured completely. However, it is essential to regularly check blood sugar levels under a doctor's guidance. With a disciplined lifestyle, healthy diet, and expert medical care, patients can live a full lifespan.

Therefore, we urge all citizens who have risk factors for

diabetes (e.g., being overweight, over 45, or having a family history) they immediately consult a doctor and undergo regular screenings. This is the best way to control blood sugar levels and prevent subsequent complications.

All citizens are urged to adhere to the five key prevention methods for diabetes:

- * Healthy eating habits.
- * Regular physical activity.
- * Maintaining a healthy weight (avoiding obesity).
- * Avoiding smoking.
- * Regular health check-ups.

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2025 MULTIPARTY DEMOCRACY GENERAL ELECTION

Union Peace & Unity Party (UPUP) talks about its policy, stance and work procedures

Daw Saw Yu Mar, Chairperson of the Union Peace & Unity Party (UPUP), presented the policy, stance and work procedures of her party through radio and television on the evening of 14 November.
The full text of the presentation is as follows: -



Esteemed people, I extend my best wishes and heartfelt prayers for the peace and prosperity of the people. I am Daw Saw Yu Mar, Chairperson of the Union Peace and Unity Party (UPUP).

Our Union Peace & Unity Party (UPUP) is a political party structured with both systematic organization and clearly defined programmatic policies. The party is committed to implementing its principles, including its motto of “Universal Basic Service” and its five core values: the right people, the right place, the right system, the right principles, and what is right for the people. We aim to build a developed nation based on democracy and a federal system in the future. To achieve this, the party is informing the public about its adopted policies and fundamental principles so that citizens are aware of our goals and planned actions.

Nowadays is the technology age. So, as AI technology is advancing, it is possible to see a strata of unemployed people throughout the world in the coming decade due to a lack of employment opportunities. Hence, our party set an objective to initiate free education, free healthcare service and free transport service as the Universal Basic Service for all citizens of the country.

Our Union Peace & Unity Party is constituted with people from all walks of life in response to the call of history, to fulfil a historical duty. The party is a public-based political party, emphasizing the national cause and upholding the national interest to develop the multiple sectors of the State.

The political policies adopted by the party are: -

We will not focus on exercising just one of four primary political policies: Liberalism, Progressivism, Conservatism, and Nationalism, but will exercise all of these policies aligned with the situation and time, depending on nationality, language, religion, culture, customs, geographical conditions, development of the

nation and actual situations without extreme actions.

When choosing between a party and an individual, one should choose the party. But when choosing between a party and the nation, one must choose the interests of the nation.

We will emphasize the strengthening of democracy as the lifeblood of the party, and we will establish the party through the collective leadership style.

We will systematically prevent the emergence of internal factions, personality cults, bureaucratic dominance, and political nepotism within the party to ensure that the party truly represents the people. The party will strictly adhere to its rules and regulations, and leadership positions will not be inherited or passed down as political legacies.

We will adopt and implement the green policies contributing to the economy of the State without harming the natural environment.

The fundamental principles of the party are:

In politics, there are no permanent enemies and no permanent friends — only permanent national interests. Therefore, concerning national cause, we will always prioritize and protect the national interests above all else.

According to the principle that “when the military sphere expands, the political sphere narrows; and when the political sphere expands, the military sphere narrows,” we will strive to strengthen political forces and broaden the role of politics.

As a principle on “One Country One Army” with the aspiration to end the internal armed conflict and ensure the restoration of durable peace, we will support the Myanmar Tatmadaw to develop and strengthen with higher capabilities.

We will work to promote a flourishing and inclusive democratic system founded on intellectuals, intelligentsia, and technocrats, carried out in a civilized and refined manner. At the same time, we will nurture and encourage the emergence of good politicians who value, respect, and uphold democratic principles and ideals.

We will focus on poverty alleviation and rural development for the people, 70 per cent of whom are rural people and part of the basic strata of people in Myanmar.

We will promote the right to freely participate in the market economy and the right to raise private ownership, while protecting the people from poverty, low education, and declining critical thinking skills. We will work in collaboration with the government, providing support and assistance to achieve these goals.

We will strive to develop multiple sectors, including agriculture and livestock activities, transport, electricity and energy, rural cooperative initiatives, labour affairs, migrant workers, SME and MSME entrepreneurs, intellectuals and intelligentsia, as well as technologists who play a key role in development undertakings of the State.

We will work to realize the voice, will, and aspirations of the people, and to ensure that every citizen has the right to personal entitlements, independent thought, beliefs, convictions, and the freedom to express and communicate them openly.

We will work to ensure that every citizen can live safely and peacefully under legal protections, without fear of violence, threats, religious extremism, ethnic radicalism, or personal attacks.

Moreover, we have considered adopting an international relations policy to ensure the safe return of Myanmar citizens to their homes from abroad.

We will implement programmes to provide food, clothing, and care for children, orphaned and displaced children, women, persons with disabilities, the elderly, the vulnerable, and those who are injured or suffering.

Drawing lessons from the past wrong events of Myanmar’s history, we will continue the implementation of our processes based on the correct events as samples.

Therefore, we urge the youth to step forward and showcase their abilities by joining “UPUP” and to recognize that only the “UPUP” party will empower women achievers. We encourage all citizens to vote for “UPUP” to help transform the future of the nation.

The Union Peace & Unity Party (UPUP) is committed to building a union based on democracy and a federal system. For the three Our Three Main National Causes — Non-disintegration of the Union, Non-disintegration of national solidarity and Perpetuation of sovereignty — every member of our party pledges to dedicate their lives without hesitation to protect, preserve, and uphold them to the very end. This is our formal report.

Thank you all.



2025 MULTIPARTY DEMOCRACY GENERAL ELECTION



People's Party of Myanmar Farmers and Workers (PPMFW) talks about its policy, stance and work procedures

U Han Min Swe, Second Vice-Chairman of the People's Party of Myanmar Farmers and Workers (PPMFW), presented the policy, stance and work procedures of his party through radio and television on the evening of 14 November.
The full text of the presentation is as follows: -



To all the esteemed monks, all ethnic people across the Republic of the Union of Myanmar, on behalf of myself and all members of the People's Party of Myanmar Farmers and Workers (PPMFW), we extend our heartfelt wishes and prayers for your good health, peace of mind, and well-being.

Our party represents the primary forces of the nation – the farmers, workers, and labouring people – and is organized with the coordinated participation of intellectuals and intelligentsia. We are committed to continuing our efforts to ensure that the population in the basic strata truly receives legal protections to escape poverty, and to build a modern, developed, and prosperous nation to keep abreast of other countries.

I will present the prioritized political policies of our party. It is:

To establish a clean, people-centred system of governance that aligns with democratic standards, and to ensure the proper, fair, and transparent rule of law.

To establish a good, clean, and people-centred governance system, it must be composed of the Pyidaungsu Hluttaw and the Union government formed by representatives elected according to the people's will and in accordance with democratic standards.

The executive estate should be transparent, with reduced centralization of authority, and a significant role given to experts and intellectuals with a great farsightedness.

In upholding the rule of law, it is not enough to strictly enforce existing laws. Efforts must also be made to enact new laws that protect the public's legitimate interests, and to amend and abolish unjust or unnecessary legal provisions. The judicial system should be free from bribery and corruption, operating transparently and independently from executive authority. By allowing legal support institutions to operate freely with public participation, the realm of law enforcement will become stronger and more effective.

The internal armed conflicts which have been occurring since the post-independence era are an evil legacy of the nation up to now. From the era of parliamentary democracy up to the present day, the rigid attitudes of political leaders and armed groups have led our country to its current state of slow development. True unity and trust can only be established when justice is upheld. It is necessary for states and regions based on ethnic communities to ensure equal opportunities and for everyone to share a sense of responsibility and accountability.

The foreign policies of the PPMFW party are independent, active and non-aligned foreign policy focusing on the national interests. We will initiate relations with global countries and peacefully co-exist with other countries while respecting their sovereignty.

As the economic policy,

We will shape an industrialised country by strengthening the mechanized farming system.

It is necessary to reduce the economic control of the government and to enhance the participation of private entrepreneurs with capabilities.

We will initiate an independent market economic system by inviting foreign investments. At the same time, we will formulate the policies to protect the competitive ability of ethnic entrepreneurs.

Concerning extracting natural resources of the State, we will implement the policies for natural resources with the farsightedness not only for the future State but also for citizens.

It is very important not to harm the natural environment and ecosystem. So, we will form the financial commission for public natural resources to manage operations transparently.

We will create the policies that the State economy will reduce too much reliance on extraction and use of natural resources while combining the development of natural geographical conditions and human resources.

To put the country on a proper economic path, it is necessary to provide support to small and medium enterprises (SMEs) and small- to medium-sized industrial and manufacturing entrepreneurs, reduce bank interest rates, and offer legal protections to promote private economic and service sectors. It is the government's responsibility to ensure stability in banking and financial systems and to maintain stable commodity prices. At the same time, efforts must be made to prevent market domination by trading partner countries, improve the technology and quality of domestic products, and explore opportunities in foreign markets.

The PPMFW party's education policies aim to develop a truly understanding and proficient education system that fosters independent and creative thinking. Policies will be established to provide compulsory education at the primary school level and free education at the high school level.

In the field of higher education, restrictions will be relaxed to allow greater freedom in learning. Education plans will be developed to increase funding, provide sufficient teaching materials, enhance the capacity of teachers, support educational stipends and expand opportunities for sending students abroad for further studies.

Employment opportunities must be created for professionals and experts at home. If so, educated Myanmar citizens abroad can be invited home for the development of human resources in nation-building endeavours.

It is necessary to produce a larger number of medical professionals and nurture them to have higher qualifications and goodwill. It is very important to initiate the preventive measures in addition to treatment in

the public health arena.

All ethnic groups will be guaranteed their legitimate rights. In every ethnic-based state, basic infrastructure such as roads, bridges, hospitals, schools, and economic zones will be developed, along with improvements in health and education support. Traditional ethnic cultures, literature, and the arts will be preserved continuously.

Moreover, it is necessary to guarantee the farmland ownership of farmers. Arrangements must be made to ensure all farmers possess farmland. Current disputes on farmlands must be resolved swiftly and correctly.

The government must ensure that the national minimum wage for workers is set at a level comparable to other ASEAN countries, providing support in accordance with the law. Myanmar migrant workers abroad must also be fully guaranteed their rights and protections in line with international labour laws.

Comprehensive social welfare, educational and healthcare support, and future planning must be provided for public servants who carry out the nation's important responsibilities, as well as for their family members.

Preserving and protecting the principles of all religions and faiths is a historical responsibility shared by every citizen.

With good weather, fertile land, well-supported transport and water resources, the presence of major rivers, sufficient maritime territory, long coastlines, abundant natural energy resources, and a strategically advantageous geographic location for military, economic, and broader strategic purposes, our country is endowed with significant advantages. Being situated among densely populated nations, Myanmar possesses a very large economic market potential.

We will work to restore unity and harmony among all ethnic communities, and from there, strive to openly amend the nation's Constitution of the nation.

Therefore, with a strong determination to serve the people, we sincerely and respectfully urge you to support and vote for the Hluttaw candidates of our emerging "People's Party of Myanmar Farmers and Workers" (PPMFW).

The motto of our party to achieve the electoral process is: -

"To meet needs,
to prevent injustices,
to help those who are suffering,
and to ensure a prosperous future for the people,
let's support the People's Party of Myanmar Farmers and Workers (PPMFW)."

On behalf of our party, we wish that all people and citizens may live happily and peacefully, with a prosperous and secure future.

Thank you all.



NATIONAL

Mawlamyine hosts launch of 2025 Election Guidebook for Myanmar journalists

A ceremony to introduce the guidebook for the Guidebook for the 2025 General Election for Myanmar journalists was held at the Community Centre of the Mawlamyine District Information and Public Relations Department on Strand Road in Sitkegon Ward in Mawlamyine, Mon State.

Local media personnel in Mon State extended words of welcome at the ceremony, and Myanmar Press Council Member U Aung Kyi (Aung Kyi Nyunt – Tekkatho) delivered the introductory remarks. Myanmar Press Council Member U Sein Toe (San Lin) explained the contents of the



The ceremony is underway to introduce the guidebook on the 2025 general election in Mawlamyine. guidebook and handed over copies to responsible personnel from media organizations in Mon State. Myanmar Press Council members, staff of the Information and Public Relations Department, departmental officials and media personnel attended the ceremony. — ASH/KZL

Applications for 16th Sitagu eyesight donation begin in Dec



This photo reveals patients receiving medical examinations at the 15th round of eyesight donation at the Sitagu Cakku Dana Hospital in Yangon.

FOR the 16th time of eyesight donation of Sitagu Cakku Dana Hospital in Yangon, enquiries for registration will be accepted in December, said the hospital.

At the 15th time, nearly 300 patients who had been registered in the 14th time in November were covered. New patients will be accepted for the next 16th time, so enquiries can be made around mid-December, it said.

As of the previous round, the token system has been practised for registered patients so that they won't lose the right to access the free healthcare, as there are people who come to the hospital without registering.

At the 14th round from 17 to 23 September, the hospital provided medical examination for 2,076 patients, surgery service for 475 patients and laser treatment for more than 50 patients. Through the 13th round, the hospital helped restore the eyesight for a total of 5,263 patients. — MT/ZS

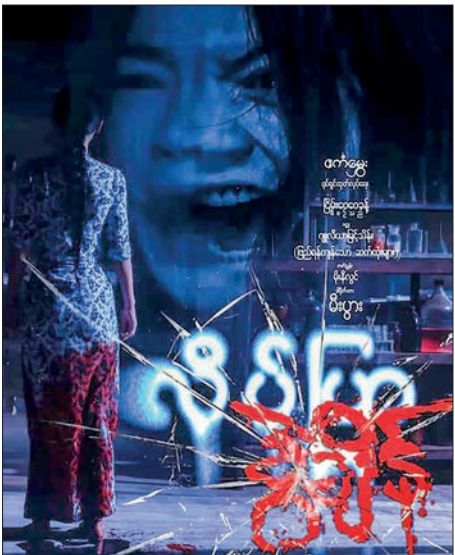
Myanmar film 'In Time of Butterfly Separation' hits cinemas nationwide in early Dec

THE Myanmar film 'In Time of Butterfly Separation' will be screened at major cinemas across the country during the first week of December, according to Academy Khin Wint Wah, who stars in the film.

The story was written by Julia Myint Thein, with the script by Moe Ni Lwin, and directed by Academy Mee Pwa for Ekan Hmwe Film Production.

"The story is told in a style that fans will enjoy. I think all fans will like it because it is a heartwarming love story. All the cast members have done their best, and the director has worked hard, so fans will be satisfied watching it," said Academy Khin Wint Wah.

The film features Alin Yaung, Ye Yint Thaw, Academy Khin Wint Wah, Phoo Sone, May Toe Khaing, and many other artists. — ASH/MKKS



This image showcases a poster for the film.

MRCS strengthens programme support staff with refresher training

THE Myanmar Red Cross Society (MRCS) announced that 46 Red Cross staff members attended the Capacity Building Refresher Training for Programme Support Staff, a course launched by the organization.

The course was jointly organized by the MRCS Human Resources Department, Administration

Department, Finance Department, and Logistics and Supply Chain Management Department. The four-day training, held from 10 to 13 November, was attended by 46 Red Cross staff from the MRCS headquarters who primarily support the organization in planning, project work, and office operations.

The course was held

at the Best Western Green Hill Hotel in Yangon. At the opening ceremony, MRCS Executive Professor Dr Tin Maung Hlaing and International Federation of Red Cross and Red Crescent Societies (IFRC) National Society Development Delegate Ms Laura Martínez B delivered opening remarks.

— ASH/TH



This photo captures participants of the Capacity Building Refresher Training for Programme Support Staff conducted by the Myanmar Red Cross Society.

Indian companies turn to Saudi Arabia for growth as global risks rise: HSBC

BUSINESSES in India are increasingly looking to Saudi Arabia to overcome challenges they face in other parts of the world, according to a new report by HSBC. The survey report revealed that Saudi Arabia is emerging as a key destination for both trade and investment amid ongoing global uncertainty.

It stated, “Some 85 per cent of Indian businesses – the most of any market surveyed – see Saudi Arabia as a more attractive destination for trade and investment as a result of global uncertainty.”

HSBC’s survey covered 4,000 international business decision-makers across nine major markets. It has been found that businesses globally now view Saudi Arabia as a more



Saudi Arabia is emerging as a key destination for both trade and investment amid ongoing global uncertainty. PHOTO: AFP/FILE

attractive destination for trade and investment due to the current global situation. The companies are mainly interested in opportunities in technology and infrastructure, simi-

lar to companies in other regions.

Overall, the report highlighted strong global interest in the Kingdom. Eight out of 10 international businesses plan to increase

their trade and investment in Saudi Arabia over the next five years. More than 60 per cent expect to do so in the next six months, showing high confidence in the near future. — ANI

Energy drink maker Red Bull hit by EU antitrust probe

THE EU on Thursday announced a probe into energy drink maker Red Bull over suspicions the Austrian company abused its dominant market position and potentially forced Europeans to pay higher prices.

The European Commission said it was concerned Red Bull gave “monetary and non-monetary incentives” to customers including supermarkets and fuel station shops to stop selling rival



PHOTO: ALEXANDER KLEIN / AFP / FILE

energy drinks in sizes that exceeded 250 millilitres. It also has suspicions

Red Bull sought to reduce the visibility of rivals in such stores “at least in

the Netherlands”, but did not name other EU states.

EU antitrust investigators raided Red Bull premises in 2023, a move the giant challenged in court. In October, a top EU court ruled the decision to inspect Red Bull was well founded, Brussels said.

There is no deadline for the EU’s powerful antitrust regulator to complete its investigation and the opening of a probe does not prejudice the outcome. — AFP

US, UAE arms firms to co-develop AI-powered drones

A US high-tech arms company is to design and produce AI-powered drones in the United Arab Emirates under a joint venture, the two

parties said on Thursday, strengthening close defence ties.

America’s Anduril and the UAE’s state-owned defence conglomerate, EDGE Group, will

jointly develop the Omen drone at a new, 50,000 square feet (4,645 square metres) research centre in Abu Dhabi, a state-

ment said. The UAE will acquire the first 50 units, officials said. A publicity photo showed the Omen carrying the UAE air force’s insignia. — AFP

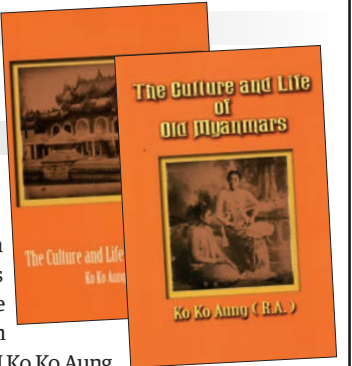
Book Title

The Culture and Life of Old Myanmars

Writer

Ko Ko Aung (R.A.)

The book “Culture and Life of Old Myanmars” by Saya Ko Ko Aung, which describes the culture and lifestyle of the old Burmese people, has been distributed nationwide by U Ko Ko Aung (R.A.), 19/B, Moe Kaung Road, Yankin Township, Yangon, Myanmar. Phone : 09 4200 33681, 09 4200 33682, 09 4200 33683, 09 4200 33684.



CLAIMS DAY NOTICE

M.V ISEACO GENESIS VOY.NO. (274N)

Consignees of cargo carried on M.V ISEACO GENESIS VOY.NO. (274N) are hereby notified that the vessel will be arriving on 15-11-2025 and cargo will be discharged into the premises of AWPT/ MITT where it will lie at the consignee’s risk and expenses and subject to the byelaws and conditions of the Port of Yangon.

Damaged cargo will be surveyed daily from 8 A.M to 11:20 A.M and 12 NOON to 4 P.M to Claim’s Day now declared as the third day after final discharge of cargo from the Vessel.

No claims against this vessel will be admitted after the Claims Day.

Phone No: 2301185

Shipping Agency Department
Myanma Port Authority

Agent For:

M/S NEW GOLDEN SEA LINES

CLAIMS DAY NOTICE

M.V MSC SUPARNA F VOY.NO. (SB545A)

Consignees of cargo carried on M.V MSC SUPARNA F VOY.NO. (SB545A) are hereby notified that the vessel will be arriving on 16-11-2025 and cargo will be discharged into the premises of AWPT where it will lie at the consignee’s risk and expenses and subject to the byelaws and conditions of the Port of Yangon.

Damaged cargo will be surveyed daily from 8 A.M to 11:20 A.M and 12 NOON to 4 P.M to Claim’s Day now declared as the third day after final discharge of cargo from the Vessel.

No claims against this vessel will be admitted after the Claims Day.

Phone No: 2301185

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China's first Type 076 amphibious assault ship, PLAN Sichuan, sets sail from the port of Hudong-Zhonghua Shipbuilding (Group) Co Ltd in east China's Shanghai, 14 November 2025. **PHOTO: ZHANG LIANG/XINHUA**

Chinese PLA Navy's first Type 076 amphibious assault ship "Sichuan" launches first sea trial

CHINA'S first Type 076 amphibious assault ship, PLAN Sichuan, set sail from east China's Shanghai on Friday morning to conduct its first navigation test mission.

The sea trial will focus on testing and verifying the reliability and stability of the ship's power, electrical and other systems.

The indigenously developed vessel

was put into the water in December 2024 at a launch and naming ceremony. It was given the hull number 51.

Since then, construction has progressed steadily as planned. PLAN

“The Sichuan has a full-load displacement of over 40,000 tonnes and features a dual-island superstructure along with a full-length flight deck.”

Sichuan has completed mooring tests, equipment installation and system debugging, and has now met the technical requirements for sea trials.

The Sichuan has a full-load displacement of over 40,000 tonnes and features a dual-island superstructure along with a full-length flight deck.

Being the new-generation amphibious assault ship of the Chinese People's Liberation Army Navy, the vessel incorporates innovative electromagnetic catapult and arrestor technologies, enabling it to carry fixed-wing aircraft, helicopters, and amphibious equipment. — Xinhua



A man walks by the entrance to the BBC in London, the UK, on 10 November 2025. **PHOTO: HENRY NICHOLLS/AFP**

BBC apologizes to Trump over documentary, says no basis for defamation claim

THE BBC has apologized to US President Donald Trump for a Panorama episode that edited parts of his 6 January 2021 speech together, but rejected his demands for compensation, the broadcaster said.

The corporation said the edit had given “the mistaken impression that President Trump had made a direct call for violent action” and said it would not show the 2024 programme again.

Trump has threatened to sue for one billion US dollars in damages unless the corporation issues a retraction of the

October 2024 documentary, apologizes and compensates him.

The scandal led to the resignations of BBC director general Tim Davie and head of news Deborah Turness, on Sunday.

A second misleading edit from a 2022 Newsnight broadcast surfaced hours before the apology, adding to scrutiny. A report by CNN stated that a BBC spokesperson said that lawyers for the broadcaster had written to Trump's legal team in response to a letter received on Sunday. — ANI

Race for first private space station heats up as NASA set to retire ISS

WITH NASA's International Space Station set to come out of service in 2030, American aerospace firm Vast has stepped into a frenzied race for the world's first commercial space station.

Haven-1 — a mini station scheduled for launch in May 2026 — has been designed for comfort, according to Andrew Feustel, a former NASA astronaut now an advisor at Vast.

“It has a three-year lifespan, and over that period of time, we plan to visit

the spacecraft with multiple crews of four, four at a time,” he told AFP on the sidelines of the Web Summit in Lisbon.

The California-based firm, founded in 2021 by billionaire Jed McCaleb, aspires to replace the International Space Station with Haven-2, a larger version of the first model. But Vast faces fierce competition from other contenders, including Axiom Space, Voyager Space in partnership with Airbus, and Amazon founder Jeff Bezos's Blue Origin. — AFP



Amazon founder Jeff Bezos's Blue Origin is among the private companies in the space race. **PHOTO: AFP**

SPORTS

England stars buy into team-first mantra: Tuchel

THOMAS Tuchel insisted England's stars have bought into his team-building ethos after Jude Bellingham and Phil Foden were only given substitute appearances in Thursday's 2-0 win against Serbia.

Tuchel introduced Real Madrid midfielder Bellingham and Manchester City forward Foden in the second half at Wembley as he kept faith with the players who had impressed in England's previous three matches.

The Three Lions sealed their place at next year's World Cup in October, with a commanding victory in Latvia coming hot on the heels of a 5-0 rout of Serbia in September.

Bellingham hadn't played

for England since June, while Foden missed the previous three international camps.

In a pointed message that places must be earned by performances rather than reputations, Tuchel kept Bellingham and Foden waiting before sending them on after 64 minutes against Serbia.

The pair combined to set up Eberechi Eze's 90th-minute goal after Bukayo Saka put England ahead in the first half.

Tuchel is convinced he has created a strong sense of purpose and unity among his squad since taking charge in January. — AFP



England midfielder Jude Bellingham in action against Serbia. PHOTO: AFP

France qualify for World Cup as Portugal, Norway forced to wait



Cristiano Ronaldo (C) received a red card for violent conduct. PHOTO: AFP

FRANCE sealed their place at the 2026 World Cup with a 4-0 win over Ukraine as Portugal stumbled to a 2-0 defeat in Ireland, leaving Cristiano Ronaldo sent off and qualification still in the balance.

France reached the 2026

World Cup with a 4-0 win over Ukraine on Thursday as the country marked the 10th anniversary of the 2015 Paris attacks, while Portugal were made to wait after losing 2-0 in Dublin as Cristiano Ronaldo saw red.

Norway must also be patient after Italy struck late in Moldova to prevent them from stamping their ticket to next year's tournament in North America.

France's victory came in an emotionally-charged Parc des Princes, which observed a minute's silence to mark the 10th anniversary of the attacks in and around Paris on Friday, 13 November 2015.

Most of the 130 people killed in the attacks lost their lives at the Bataclan concert hall in the capital, where they were attending a concert.

But one person died near the Stade de France in the northern Paris suburb of Saint-Denis, where multiple explosions took place as suicide bombers attempted to enter the ground during a friendly between Les Bleus and Germany. — AFP

Parker failed drugs test before heavyweight clash with Wardley

FORMER world heavyweight champion Joseph Parker failed a drug test on 25 October, the day before his bout against Fabio Wardley in London, his promoter announced Friday.

The 33-year-old New Zealander suffered an 11th-round stoppage defeat by British boxer Wardley, losing his status as WBO mandatory challenger for undisputed heavyweight champion Oleksandr Usyk.

"The Voluntary Anti-Doping Association (VADA) last night informed all required parties that Joseph Parker returned an adverse finding following an anti-doping test conducted on 25 October in relation to his bout with Fabio Wardley," promoters Queensberry said in a statement.

"While the matter is investigated further, no additional comment will be made at this time." — AFP



New Zealand heavyweight boxer Joseph Parker. PHOTO: AFP

Chinese PLA Navy's first Type 076 amphibious assault ship "Sichuan" launches first sea trial

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WORLD

Xi calls for advancing community with shared future when meeting Thailand's king

CHINESE President Xi Jinping met visiting King Maha Vajiralongkorn Phra Vajiraklaochaoyuhua of the Kingdom of Thailand in Beijing on Friday, calling for joint efforts to further advance the building of a China-Thailand community with a shared future.

Xi said the king has taken China as the first major country to pay a state visit to and is the first Thai king to visit China since the establishment of diplomatic relations, which fully reflects the great importance attached to China-Thailand relations and the deep friendship characterized as "China and Thailand are as close as one family".

Xi expressed condolences over the recent death of Queen Mother Sirikit and noted that the Thai royal family has a time-honoured relationship with China and has made important contributions to promoting friendship between the two countries, which China deeply appreciates.

Noting that this year marks the 50th anniversary of diplomatic ties and the "Golden Jubilee of China-Thailand Friendship", Xi said that over the past half-century, amid an ever-changing international landscape, China and Thailand have always worked together and supported each other, making the two countries good relatives, good friends and good partners. — Xinhua

This year marks the 50th anniversary of diplomatic ties between China and Thailand, celebrated as the "Golden Jubilee of China-Thailand Friendship."



Chinese President Xi Jinping meets King Maha Vajiralongkorn Phra Vajiraklaochaoyuhua of the Kingdom of Thailand, who is on a state visit to China, at the Great Hall of the People in Beijing, capital of China, 14 November 2025. PHOTO: SHEN HONG/XINHUA

Google to pay millions to South African news outlets

GOOGLE will pay more than \$40 million to support South African news media, many of them floundering in a digital age, the country's competition authority said Thursday.

In February, the Competition Commission had recommended that Google pay up to \$27 million a year for five years, following a 16-month investigation that found Google searches favoured international news over local outlets.

But the California-based company ultimately agreed to a 688 million-rand (\$40.4-million) funding package, the commission said Thursday as it released its final report. — AFP

St Petersburg plans to build over 20 industrial enterprises, 30 tech parks by 2030



Sign at the entrance to the port of St Petersburg (the sign reads "Leningrad"). PHOTO: PIX FOR VISUAL PURPOSE/ WIKIMEDIA COMMONS/FILE PHOTO

ST Petersburg plans to establish more than 20 new industrial enterprises and 30 industrial and technology parks by 2030 as part of an updated industrial policy, the press service of the city's Committee for Industrial Policy, Innovation and Trade said Thursday.

The plan also includes the creation of two technology valleys and over 50,000 new jobs by 2030, along with the launch of a federal robotics centre, said the press service on Telegram.

Presenting the updated plan to the city's Legislative Assembly, Alexander Sitov, chairman of the committee, said the new industrial policy replaces the programme adopted in 2021.

The updated plan focuses on technological advancement, investment and financial mechanisms, foreign trade and human resources, Sitov said.

"We are changing our priorities towards technological progress, and the results already achieved show we are on the right path," he said. — Xinhua