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SPECIAL**



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Sunday, 5 January 2020

President, First Lady host 72nd Anniversary Independence Day Dinner in Nay Pyi Taw



President U Win Myint and First Lady Daw Cho Cho greet the honourable guests at the dinner in commemoration of the 72nd Anniversary of Independence Day in Nay Pyi Taw yesterday. **PHOTO: MNA**



State Counsellor Daw Aung San Suu Kyi greets the hounorable guest at the dinner in commemoration of the 72nd Anniversary of Independence Day in Nay Pyi Taw yesterday. **PHOTO: MNA**

PRESIDENT U Win Myint and First Lady Daw Cho Cho hosted a dinner in commemoration of the 72nd Anniversary of Independence Day in the front lawn of the Presidential Palace in Nay Pyi Taw yesterday evening.

Frist, Vice President U Myint Swe and wife Daw Khin Thet Htay, Union Ministers Lt-Gen

Sein Win, U Kyaw Tint Swe, Dr Pe Myint, U Kyaw Tin and their wives greeted the guests.

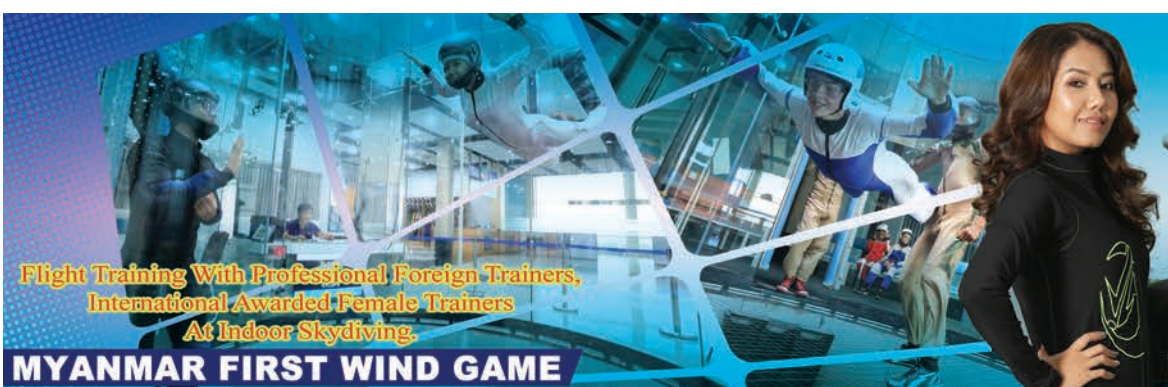
The President and First Lady arrived at the dinner at 7 pm and cordially greeted the ambassadors, representatives of UN agencies, honorary consuls and their wives individually.

Present at the dinner were State Counsellor Daw Aung San

The President, First Lady and guests were entertained by the Myanmar Radio modern music troupe and artistes from the Department of Fine Arts, Ministry of Religious Affairs and Culture.

Suu Kyi, Vice President U Myint Swe and wife Daw Khin Thet Htay, Vice President U Henry Van Thio and wife Dr Shwe Hlun, Speaker of Pyithu Hluttaw U T Khun Myat and wife Daw Yin May, Speaker of Amyotha Hluttaw Mahn Win Khaing Than and wife Daw Nang Kyin Kyi,

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Equality of opportunity for all

To be a genuine democracy, it is not enough to be a “government of the people, by the people, for the people”. The government must uplift the economic standard of our people to the point where there is equality of opportunity for all. Then only can we go forward towards genuine democracy.

[Extract from the speech given by General Aung San at the Jubilee Hall First Preparatory Conference held on 19 May 1947]



Nay Pyi Taw celebrates 72nd Anniversary Independence Day



Vice President U Myint Swe delivers the speech at the 72nd Anniversary Independence Day 2020 State Flag hoisting and saluting ceremony in Nay Pyi Taw yesterday. PHOTO: MNA

NAY Pyi Taw, the capital of Myanmar, observed the 72nd Anniversary Independence Day 2020 State Flag hoisting and saluting ceremony in front of its City Hall yesterday morning.

The Independence Day celebration was held, with full of political essence, in accordance with the national objectives -- to safeguard the non-disintegration of the Union and the non-disintegration of National Solidarity and Perpetuation of Sovereignty with the unity of all national races; to give priority in restoring the peace and stability of the nation and the development of the nation which are crucial for the prevalence of justice; to endeavour to successfully carry out the

amendment of the Constitution which plays a vital role in building a democratic federal union; to create a better environment in order to promote the capacity and accountability of the citizens, which is essential to build a democratic federal union; and to build a peaceful democratic nation through the Myanmar Sustainable Development Plan (2018-2030)

At the 72nd Anniversary Independence Day State Flag hoisting ceremony, the flag hoisting platoon, flanked by ethnic races, hoisted the flag at 4:20 a.m.

At 6 a.m. Pyithu Hluttaw Deputy Speaker U Tun Tun Hein, Amyotha Hluttaw Dep-

uty Speaker U Aye Tha Aung, Union Ministers, Union Attorney General, Union Auditor General, Union Civil Service Board Chairman, Nay Pyi Taw Council Chairman, Governor of the Myanmar Central Bank, Myanmar National Human Rights Commission Chairman, Central Bank of Myanmar Governor, union level organizations, senior military officers, 72nd Anniversary Independence Day State Flag hoisting and saluting ceremony organization sub-committee chairman and members, deputy ministers, invited guests, departmental officials from the ministries, officers and other ranks from Pobbathiri cantonment, Red Cross and Fire Ser-

vice Department officials, as well as the local people assembled at the designated staging areas took their places in front of the Nay Pyi Taw City Hall, where the State Flag hoisting ceremony was held.

At 7 am the 72nd Anniversary Independence Day State Flag hoisting ceremony began with Tatmadaw (Army, Navy, Air Force) Guard of Honour marching into the area in front of the City Hall to take up the position.

Afterwards, Vice President U Myint Swe, in his capacity as chairman of the central committee for the 72nd Anniversary Independence Day celebration, took his place on the dais and took the salute of the Guard of

Honour.

He then saluted the Republic of the Union of Myanmar State Flag, together with the Guard of Honour, and the Tatmadaw Guard of Honour band played the national anthem.

The Guard of Honour also saluted the nation's martyrs and soldiers, who gave their lives for the union and took the four-point oath.

Next, Vice President U Myint Swe read out the message sent by President U Win Myint for the 72nd Anniversary Independence Day, accepted the salute of the Honour Guard and concluded the ceremony.—MNA

(Translated by TMT)

First airport in Chin State to open at the end of May

THE Surbung airport in Falam Township, which would be the first major airport in Chin State, will be opened at the end of May, according to the state's Ministry of Road and Transport.

The Surbung airport will be equipped to handle ATR72 planes. The construction of the

airport was started in the 2015-2016 fiscal year (FY).

Out of the 7 states in the country, Chin State is the only state without air transportation because of its difficult topography. Now, an airport will open in Falam soon.

“We are not sure when ex-

actly it will be opened in May. That would depend on the weather conditions,” said an official from the Chin State Ministry of Road and Transport.

Falam Airport stands on the Surbung mountain range, located 8.5 miles northwest of Falam Town and at an altitude

of 6,000 feet above the sea level. The airport runway is 6,000 ft long and 100 ft wide and is a flexible pavement-type runway. The permitted load on the runway is 50,000 pounds. The airport has been constructed with a budget spending of K37 billion.

There are three internation-

al airports and 31 domestic airports in Myanmar. The Surbung airport, which is planned to be linked with other airports, will allow an easy and convenient access to Chin State, according to the state's Ministry of Road and Transport. —Aye Cho

(Translated by Hay Mar)

President, First Lady host 72nd Anniversary Independence Day Dinner in Nay Pyi Taw



President U Win Myint, First Lady Daw Cho Cho, State Counsellor Daw Aung San Suu Kyi, dignitaries and artists from Department of Fine Arts pose for a group photo at the dinner in commemoration of the 72nd Anniversary of Independence Day in Nay Pyi Taw yesterday. **PHOTO: MNA**



President U Win Myint, First Lady Daw Cho Cho, State Counsellor Daw Aung San Suu Kyi, vice presidents and dignitaries enjoy the performance after the dinner. **PHOTO: MNA**

FROM PAGE-1

Chief Justice of the Union U Htun Htun Oo, Commander-in-Chief of the Defence Services Senior General Min Aung Hlaing and wife Daw Kyu Kyu Hla, Chairman of the Constitutional Tribunal of the Union U Myo Nyunt, Chairman of the Union Election Commission U Hla Thein and wife Daw Aye Thida, Deputy Commander-in-Chief of Defence Services, Commander-in-Chief (Army) Vice Senior General Soe Win and wife Daw Than Than Nwe, Pyithu Hluttaw Deputy Speaker U Htun Htun Hein and wife Dr Sein Sein Thein, Amyotha Hluttaw Deputy Speaker U

Aye Tha Aung, Union Ministers, the Union Attorney General, the Union Auditor General, the Chairman of the Union Civil Service Board, the Chairman of the Peace Commission, the Chairman of the Nay Pyi Taw Council, Central Bank of Myanmar Governor, Chairman of the Anti-Corruption Commission, Chairman of the Union Legal Aid Board, Joint Chief of Staff (Army, Navy, Air Force), senior military officers, judges of the Supreme Court, members of the Constitutional Tribunal, members of the Union election Commission, chairmen of Hluttaw affairs committees, deputy ministers, Hluttaw representatives,

representatives of political parties, departmental heads, diplomats and their wives and Resident Representative of UNDP and Heads of UN agencies and their wives, titles and honours recipients and their families and invited guests.

During the dinner, fireworks were set off nearby and the Myanmar Radio and Television presented entertainment programmes before and during the dinner. After the dinner, the President, First Lady and guests were entertained by the Myanmar Radio modern music troupe and artists from the Department of Fine Arts, Ministry of Religious Affairs and Culture. — MNA



Vice President U Myint Swe welcomes ethnic delegates at the dinner to mark the 72nd Anniversary Independence Day in Nay Pyi Taw. **PHOTO: MNA**

Gallantry medals, certificates awarded to persons for valour and sacrifices in their service for nation and people

A ceremony to present gallantry medals and certificates to the persons performing duties at risk of life was held at the Zeyathiri Beikman in Nay Pyi Taw yesterday afternoon, attended by Commander-in-Chief of Defence Services Senior General Maha Thray Sithu Min Aung Hlaing, who delivered an address and awarded medals and certificates.

In his address, the Senior General spoke in honour of persons who were awarded medals and certificates for their valour and sacrifices made for the country and the people. It is the inborn duty of all citizens to safeguard the independence and sovereignty. It is a common knowledge that the Tatmadaw being an institution mainly responsible for national defence has been discharging the national duty well since the country regained independence up to the present day, sacrificing lots of lives, blood and sweat in accord with its fine historical traditions. As Tatmadaw members, their courageous wives, who are their good companions and life partners, are also discharging national defence duties at risk of life. Hence, the Tatmadaw has been holding the ceremony to honour the ones that have made supreme sacrifices, with military medals and certificates, annually on Independence Day. Thanks to the continuous emergence of martyrs who never hesitate to sacrifice life and are also willing

to make utmost efforts in their service, the Tatmadaw has been standing tall in the world.

He said the ceremony will present gallantry medals to 15 persons, gallantry certificates of the Commander-in-Chief of Defence Services to three, and the honorary certificates of the Commander-in-Chief of Defence Services to six. At the same time, commanders of respective mil-

It is the inborn duty of all citizens to safeguard the independence and sovereignty.

itary command headquarters, on behalf of the Commander-in-Chief of Defence Services, will give gallantry certificates of the Commander-in-Chief of Defence Services to 10 persons and honorary certificates of the Commander-in-Chief of Defence Services to 28.

The Senior General lauded the medal and certificate winners for their sacrifices for the country, and their valour and determination to overcome all sorts of difficulties. Come hell or high water, all Tatmadaw members must daringly accomplish



Commander-in-Chief of Defence Services Senior General Maha Thray Sithu Min Aung Hlaing greets the outstanding Tatmadaw members and families. **PHOTO: OFFICE OF THE C-IN-C OF DEFENCE SERVICES**

their mission to safeguard the motherland and the people with unyielding spirit, he said.

The Senior General then presented gallantry medals to two Lt-Cols, three majors, two captains, two sergeants and six inheritors, gallantry certificates of the Commander-in-Chief of Defence Services to two colonels and one major, honorary certificates of the Commander-in-Chief of Defence Services to one colonel, four captains and one inheritor.

The Senior General and party hosted a tea party for the medal and certificate recipients and attendees.

Today, Thiha Thura title was awarded to one person, Thura title to three and gallantry medals to nine. The total number of military award recipients is six Aung San Thuriya title holders, 49 Thiha Thura title holders, 545 Thura title holders, six Thiha Bala medal holders, 1,860 gallantry record winners, 2,011 gallantry medal holders,

337 gallantry certificates of the Supreme Commander holders, 2889 gallantry certificates of the Commander-in-Chief of Defence Services winners, two honorary certificates of the Supreme Commander and 1713 honorary certificates of the Commander-in-Chief of Defence Services winners, according to the news released by Office of the Commander-in-Chief of Defence Services. —MNA

(Translated by Kyaw Zin Lin)



Union Minister U Ohn Win opens the plantation with a special ceremony at Ngalaik forest reserve in Nay Pyi Taw yesterday. **PHOTO:MNA**

100-acre plantation set up in Nay Pyi Taw

A 100-acre plantation established with the cash contribution of the Myanmar Gems and Jewelry Entrepreneurs Association for supporting ecosystem was inaugurated at Ngalaik forest reserve in Nay Pyi Taw yesterday.

Union Minister for Natural Resources and Environmental Conservation U Ohn Win, Deputy Minister, chair of Myanmar Gems and Jewelry Entrepreneurs Association and Nay Pyi Taw Council member formally opened the plantations and sprinkled scented water. A director of the Forest Department explained salient points of the 100-acre plantation, saying that personnel of the de-

partment of the Nay Pyi Taw Council areas are giving close care and supervision for the plantation. The ecosystem supportive plantation has 97 hardwood trees species including teak, pyingato, padauk, tamalan, thingan, ingyi and thitya. the 100-acres plantation has a total of 60,700 trees – 12,100 on 6 feet by 6 feet plots on 10 acres of land, and 48,600 on 9 feet by 9 feet plots on 90 acres.

The Union Minister and party looked around the plantation. They then went to China-Myanmar friendship forest ecological plantation in Taungdwingyo Township.—MNA

(Translated by TMT)

Labour costs high for winter onion farming in Kyaukpadaung Township

LOCAL farmers from villages around Kyet-mauk-taung dam, Kyaukpadaung Township, Mandalay Region have said labour costs are too high during the winter onion season, said U Nan Tin, a local onion grower from Moak Gone Village.

“The winter onions are grown mainly in over 20 villages. We are paying K 5,000 per day for labour during this onion growing season. We have never faced such a situation like this, as we have been paying K 1,000 per hour for growing onions,” said Daw Soe Soe, a local onion grower from Lae Gwa Village.

The onion farmers have to pay the labourers based on the working

hours. So, labourers this winter season can earn a higher income if they work for more hours. For example, if they start at 5:00 am and end at 6:00 pm, they will be paid K 13,000 for 13 hours per day. Now, labourers can make a lot of money from growing onions,” said Daw Ohn Pwint from Latpanei Village.

All local farmers from the villages around Kyet-mauk-taung dam are only growing onions during this season. So, they have to use more than 40 labourers for growing half an acre of onions. The farming of onion costs K 2 million per acre.—Ko Htein (Ngathayauk) (Translated by Hay Mar)

Bilateral border trade between Myanmar and Thailand exceeds \$818 mln this FY

BORDER trade between Myanmar and Thailand totaled some US\$818.72 billion, as of 20 December, 2019, according to the Ministry of Commerce.

The country’s exports to neighbouring Thailand reached \$558.64 million, while imports were valued at \$260.08 million.

The current trade figures increased by over \$112.88 million against the same period last year. Last year, border trade between the two nations was \$705.84 million.

Myanmar delivers goods to Thailand through its sea routes, as well as cross-border gates. Seven border trade camps are open between the two states, including Tachilek, Myawady, Kawthoung, Myeik, Htikhee, Mawtaung and Maesai. Apart from Myeik gate, bilateral trade from the Myanmar-Thai-



Myawady Trade Zone is Myanmar’s second largest border trading post. PHOTO: HTEIN LIN AUNG (IPRD)

land borders increased, in comparison with the same time last year.

The country exports agricultural, forest and animal products, minerals, manufactured goods and other miscellaneous products to neighboring Thailand. Its imports include medicines, cosmetics, food and beverages, stationery, footwear, clothing, machinery and other commodities.

Among all border trade camps, the Htikhee gate saw the largest value of trade, with \$414.85 million during the period, followed by Myawady with \$247.55 million and Kawthoung with \$81.84 million.

The total trade between Myanmar and four neighboring countries between 1 October and 20 December reached over \$2.4 billion, increasing by \$615.99 million over the same period last year. —Zwe (Translated by Hay Mar)



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Yangon holds 72nd Anniversary Independence Day

YANGON held the 72nd Anniversary Independence Day in front of the Independence Pillar at the Maha Bandoola Park.

At the ceremony, the national flag was raised and saluted.

The flag hoisting platoon raised the flag at 4:20 am, the hour when Myanmar freed itself from the colonial rule.

At 4:25 am, Chief Minister of Yangon Region U Phyo Min Thein arrived at the venue and took the salute of the Guard of Honour.

Later, the Chief Minister saluted the State flag together with the Guard of Honour and the people in attendance.

The Guard of Honour also saluted the nation's martyrs and soldiers, who gave their lives for the union and took the four-point oath.

Chief Minister U Phyo Min Thein also read the message sent from President U Win Myint on the occasion of the 72nd Independence Day.

Also present at the cere-



The 72nd Anniversary Independence Day being held in front of the Independence Pillar at the Maha Bandoola Park in Yangon yesterday. PHOTO: ZAW MIN LATT

mony were Speaker of Yangon Region Hluttaw U Tin Maung Tun, Commander of Yangon Command Maj-Gen Thet Pon, Yangon Region Chief Justice U Hla Aye, Deputy Speaker of

Region Hluttaw U Lin Naing Myint, region cabinet members, the region advocate general, region auditor general, senior military officers, MPs of region Hluttaw, relatives of

martyrs, members of political parties, departmental personnel, ethnic races and local people of townships and districts.

—Ko Ko Zaw

(Translated by TMT)

Myanmar reports 239 human trafficking cases in 2019

A total of 239 human trafficking cases were reported across Myanmar in 2019, with most of them being forced marriages with Chinese men, according to figures released by the Anti-Trafficking Police Force.

From January to December, 2019, 732 traffickers were involved 239 cases of trafficking in persons, while 358 people, including 61 males and 297 females, were also victimized.

The trafficking cases mostly took place in Yangon

Region and Shan State, with 65 cases each, followed by Mandalay and Ayeyarwady regions with 28 cases each and Kachin State with 25 cases, among others.

Myanmar recorded 239 cases of human trafficking, of which 196 cases occurred in China, one in Thailand and two in Malaysia.

Out of 196 cases in China, 188 were related to forced marriages to Chinese men, and the remaining were forced marriages, forced prosti-

tution, forced adoption and forced surrogacy. In addition, there was one case of forced labour in Thailand and two cases of forced labour in Malaysia.

There were also 40 cases of domestic trafficking in persons, with one case being a forced marriage, 24 cases of forced labor and 15 cases of prostitution, according to the Anti-Trafficking Police Force.

Under the 2005 Anti-Trafficking in Person Law, people who smuggle women and chil-

dren are eligible for sentences of at least 10 years to life sentences or fines. Money or property received in trafficking are to be confiscated by the government.

The government has also assigned an anti-human trafficking police force unit in the border area. The anti-human trafficking police force took legal action against traffickers under the 2005 Anti-Trafficking in Person Law. —Aye Maung

(Translated by Hay Mar)

More than 1.2 million tourists arrive via Tachilek in 2019

MORE than 1.2 million tourists entered Myanmar through the Tachilek border gate between 1 January and 26 December in 2019, according to the Ministry of Hotels and Tourism.

Through the border, foreigners, including Thais, Chinese, Japanese, Korean citizens and third country citizens who were granted visa exemptions entered Myanmar.

Between 1 January and 26 December, 1,274,263 tour-

ists visited Myanmar through Tachilek. The figure includes 1,183,864 Thai citizens, 18,047 third country citizens, 378 Thai tourists and five third country citizens who made day trips to the Lam Taung pagoda, 12,569 tourists who travelled to Mongphyat and Kengtung, and 59,400 travellers who were granted visa-free entries.

The tourists also entered Myanmar through international gateways and border gates,

with travellers coming into the country to observe its natural landscapes, scenic beauty and tourist attractions, along with ethnic villages. Also, there is now culture-based tourism through which tourists can observe the traditions and cultures of ethnic people.

From January to October, the number of tourists entering Myanmar through the international airport, ports, and border gates increased by

over 650,000, compared to the same period last year, according to the Ministry of Labour, Immigration and Population.

Tourist arrivals in Myanmar reached 3,523,784 between January and October by air, sea and via border gates, an increase of 679,276 from the same period in 2018. In 2018, Myanmar received 2,844,508 tourists.—Aye Maung

(Translated by Hay Mar)

Displaced Persons Accepting and Resettlement Committee holds meeting in Nay Pyi Taw

DISPLACED Persons Accepting and Resettlement Committee held its work coordination meeting at the Ministry of Social Welfare, Relief and Resettlement yesterday.

Speaking at the meeting, Chair of the committee Union Minister for Social Welfare, Relief and Resettlement Dr. Win Myat Aye explained the duty to accept and resettle displaced persons who went to the other country from Rakhine State under the guidance of Central Committee for Implementation of Peace and Development in Rakhine State.

The Union Minister also dealt with the task of supervising the resettlement subcommittees formed by the Rakhine State Government. He said the work review should be submitted to the central committee. Two task forces have been formed to systematize the functions and they are the work committee to accept displaced persons and the work committee to resettle them. Functions will be effective only if the two work committees work in harmony. He said there

are people who reenter the country of own volition and not under the agreement. The citizenship verification of returnees in line with the existing law is an important process that must be done in all seriousness. The Ministry of SWRR is providing food, clothing and household items. The task of the resettlement of internally displaced persons should be accelerated, and progress of work should be presented here.

The Union Minister said talks should be held on the resettlement task prioritized under UEHRD program. The seven priority tasks that may be supported by ASEAN countries of the accepting and resentment task that is being implemented in cooperation with the AHA Centre should be continued. Continued efforts should be made to implement the bilateral agreement soonest despite the challenges and difficulties. There are people who wish to return through the process that is not in accord with the bilateral agreement.

The meeting will seek means to solve the problems.



Coordination meeting of Displaced Persons Accepting and Resettlement Committee being held in Nay Pyi Taw yesterday. PHOTO: MNA

The national strategy to resettle internally displaced persons and closing of temporary camps has already adopted. So the temporary camps can be systematically closed, and the different stages of work are being implemented under the strategy. Collective efforts are required to solve the problems of staff on the ground through accountability and responsibility. Public organizational campaigns should be made for public partic-

ipation in the committee's task, he said. Then the vice chair of the central committee, chairs of the work committees, joint chairs, secretaries and members discussed progress in checking the list for resettlement sent by Bangladesh, progress in the preparations to accept and resettle under UEHRD program and points to support, plans to resettle the returnees at the places which are the most suitable for them, accepting of the persons

coming back on own accord in accord with the procedures, matters relating to medium term projects that should be included in the framework of the MoU signed between the government and UNDP/UNHCR, progress in implementing the ASEAN ERAT priority tasks in cooperating with ASEAN countries, connections with dialogue partners, and international organizations including UN. —MNA
(Translated by TMT)

Gems, jade sale in local currency continues

GEMS and jade sale in local currency continued for the third day at Mani Yadana Jade Hall in Nay Pyi Taw yesterday.

Gem merchants examined the gem lots and presented open tenders on 2 and 3 January.

Yesterday, nine gems lots were sold at K 36.918 through open tender system.

Gem merchants examined the jade lots displayed at the designated place outside the hall and presented open tenders for jade lots to be sold on 6 and 7 January.

The highest floor price of gem lots at the emporium is K 180 million and that of jade lots is K 100 million.—MNA
(Translated by Kyaw Zin Lin)



Merchants examine the jade lots displayed at the Mani Yadana Jade Hall in Nay Pyi Taw yesterday. PHOTO: MNA

NLD HQ celebrates 72nd Anniversary Independence Day



Yangon Region Chief Minister U Phyo Min Thein delivers the speech at the 72nd Anniversary Independence Day ceremony at National League for Democracy (Headquarters) in Yangon yesterday. PHOTO: MNA

72nd Anniversary Independence Day ceremony was held at National League for Democracy (Headquarters) in Bahan Township, Yangon at 10 am yesterday.

At the ceremony, the State Flag, Bogoyoke Aung San and the martyrs were saluted and then an 8 seconds silence observed in memory of the monks, people and students who lost their lives in the democracy revolution.

Member of the Central Executive Committee and Yangon Region Chief Minister U Pyo Min Thein, acted as the chairman of

the ceremony.

In his opening speech, Chief Minister U Phyo Min Thein highlighted the two responsibilities: to guard the independence which was gained thanks to the efforts of Bogoyoke Aung San and ethnic leaders, and to further develop the fruits of independence and ensure the prosperity and integrity of the people, so that they can stand tall among other countries.

Afterwards, Member of the CEC Dr Myo Nyunt read out the five-point declaration of the NLD

CEC. Messages sent from the politicians and embassies were put on record.

The ceremony was attended by National League for Democracy patron U Tin Oo, chair member U Ohn Kyaing, NLD central executive committee members, Yangon Region Hluttaw Deputy Speaker U Lin Naing Myint, Hluttaw representatives, diplomats, members of the NLD, political parties and civil society organizations and invited guests.—Zaw Gyi
(Traslated by Kyaw Zin Lin)

Landmine clearance key for resettlement of IDPs

ARMED conflicts that displace local communities are enormous disasters for these people. Additionally, the landmines left by armed conflicts are another significant blow to civilians, even after the conflicts have ended.

Due to international conflicts, the number of disabled persons has been increasing. Nearly 70 years of internal armed conflicts in Myanmar have halted regional development.

The National Strategy on Resettlement of Displaced Persons and Closure of IDP Camps has been approved.

The National Strategy on Resettlement of Displaced Persons and Closure of IDP Camps has been approved. However, resettlement and rehabilitation of the people would be implemented in full-swing only after the armed conflicts completely end.

The situation demands that the Mine Action Authority, which will lead the nationwide mine clearance activities, should be formed to take preparatory steps for the drive.

The directives for the authority for demining have been drafted, with the assistance of the Norwegian People's Aid.

Now, action should be stepped up to save people residing in areas contaminated by landmines.

According to the Ministry of Social Welfare, Relief and Resettlement, 52 townships in nine regions and states are contaminated

with landmines, explosive remnants of war (ERW) and other improvised explosive devices (IEDs).

Landmines and ERWs have destroyed the livelihoods of internally displaced people and host communities, and prevented them from returning to their home villages.

Reported casualties from landmines and other explosives increased from 176 in 2017 to 276 in 2018. Overall, most casualties occurred in Kachin and Shan states between 2015 and 2018.

The Union Government is prioritizing the national peace process and securing mine safety, raising awareness among the public and rehabilitating victims of mines, which is crucial to sustainable development.

Myanmar ranks third highest on the list of landmine fatalities in the world, and ranks fourth for people being disabled by landmines in Southeast Asia.

In Myanmar, about one million people have been well informed about the dangers of landmines since awareness raising campaigns began in 2016, with 280,000 educated in 2019, alone.

Villagers will not be interested in who laid these landmines. They will be interested in how to protect themselves from exploding landmines. Hence, we must beef up our commitment to landmine clearance and to sharing of information to prevent further harm.

Healthy People Make Healthy Planet

By Htun Tin Htun



The Sustainable Development Goals (SDGs) shall now also guarantee peace and security, the rule of law, equal rights as well as human rights.

GRAPHIC: BT

development in this planet; and “Gender equality in health means that women and men, across the life-course and in all their diversity, have the same conditions and opportunities to realize their full rights and potential to be healthy, contribute to health development and benefit from the results.”

Observation has shown that if the world is serious about meeting its goal of achieving Universal Health Coverage by 2030, the International Organizations and the countries across the globe should be committed to work together in unison in order to increase access to essential health services, ensure that people don't fall into poverty because of health expenses.

People in this planet still spend their considerable portion of income on their household health expenses; the health related Target 3.8 of SDGs has two indicators – 3.8.1 on coverage of essential health services and 3.8.2 on the proportion of a country's population with catastrophic spending on health, defined as large household expenditure on health as a share of household total consumption or income.

Learn from the SDGs that a number of the 17 Sustainable Development Goals (SDGs) adopted by the United Nations General Assembly in September 2015 have targets that relate to health and one goal – SDG 3 – focuses specifically on ensuring healthy lives and promoting well-being for all at all ages.

Emphasize on the Target 3.8 of SDG 3 – achieving universal health coverage (UHC), including financial risk protection, access to

quality essential health-care services and access to safe, effective, quality and affordable essential medicines and vaccines for all – which is the key to attaining the entire goal as well as the health-related targets of other SDGs.

Money power, Manpower, Material power and Mind power are of paramount importance for achieving all the targets of the Sustainable Development Goals (SDGs) by 2030 and wish-to-do, effort, mind and wisdom are four means of accomplishments which make the impossible possible which should be well cultivated.

The Public-Private Partnership plays a crucial role in implementing the health care services in the grassroots communities and the cooperation and collaboration in between the public organizations/ institutions and private corporations/companies/ enterprises need to be expanded, extended and enhanced.

Knowledge is also power and needless to say that the ownership is also important for the people in the rural areas and the people are earnestly urged and encouraged to actively and energetically involve and participate in various community-based health campaigns as well as health services in their grassroots communities to be held and done in cooperation with the public organizations/ institutions and private corporations/ companies/ enterprises.

Estimation for the last decade, although data limitations preclude precise measurement of the number of people with adequate health service coverage,

has clearly shown that at least half of the world's population do not have full coverage of essential health services.

Hunger is the worst disease and poverty is the worst suffering for all the people of this planet and the achievement of SDGs Goal # 1 “achieving zero hunger and ending poverty” can definitely make the underprivileged people mostly in the rural areas more nourished and healthy.

Evidence shows that many more people today are living healthier lives than in the past decade: nevertheless, people are still suffering needlessly from preventable diseases, and too many are dying prematurely.

As we all have noticed, overcoming disease and ill health will require concerted and sustained efforts, focusing on population groups and regions that have been neglected.

Learning the message, from the 2018 SDGs report, that mentioned “The maternal mortality ratio has declined by 37 per cent since 2000. Nevertheless, in 2015, 303,000 women around the world died due to complications during pregnancy or childbirth. Globally, from 2000 to 2016, the under-5 mortality rate dropped by 47 per cent, and the neonatal mortality rate fell by 39 per cent. Over the same period, the total number of under-5 deaths dropped from 9.9 million to 5.6 million.”

The 2030 Agenda for Sustainable Development provides a global blueprint for dignity, peace and prosperity for people and the planet, now and in the future. The Union of Myanmar has adopted

the Myanmar Sustainable Development Plan (MSDP) (2018-2030) which is drawn up in coordination with the SDGs and it is being implemented with the peoples' participation.

Happy to significantly mention in this article that according to the annual budget the Ministry of Health and Sports of the Republic of the Union of Myanmar has been allocated more budgets during this incumbent Government due to the priority given by the people.

Youth are the future leaders for all nations and health education is of crucial importance for their healthy, happy and long-lived so that health education programmes on HIV/AIDS, Malaria, Tuberculosis, Hepatitis B as well as Drugs-related diseases need to be conducted in schools, colleges and Universities.

Progress being made in many areas of the 2030 Agenda as highlighted by the SDGs report 2018 is encouraging and promising.

Labour productivity globally has increased and unemployment rate decreased; more than 100 countries have sustainable consumption and production policies and initiatives and in the least developed countries, the proportion of the people with access to electricity has more than doubled.

After a prolonged decline, the number of undernourished people rose from 777 million in 2015 to 815 million in 2016, mainly due to conflicts and drought and disasters linked to climate change.

Noteworthy of the fact that globally, almost 12 percent of the

world's population (over 800 million people) spent at least one tenth of their household budgets to pay for health services in 2010, up from 9.7 percent in 2000.

Evidence shows that unsafe drinking water, unsafe sanitation and lack of hygiene continue to be major contributors to global mortality, resulting in about 870,000 deaths in 2016; these deaths were mainly caused by diarrhoeal diseases, but also from malnutrition and intestinal nematode infections.

“Today's technology makes it possible to collate the data we need to keep the promise to leave no one behind. But, we need political leadership, resources and commitment to use the tools now available. With just 11 years left to the 2030 deadline, we must inject a sense of urgency. Achieving the 2030 Agenda requires immediate and accelerated actions by countries along with collaborative partnerships among governments and stakeholders at all levels. The objective is to be more effective, cohesive and accountable. We stand ready to work with all Member States to make the Sustainable Development Goals a reality for everyone, everywhere.” (António GUTERRES Secretary-General, United Nations.)

May all beings be healthy, happy, wealthy, peaceful, prosperous and long-lived!! May the Dhamma, love, peace, joy, prosperity and happiness be with you!!!

References: (1) *The World Health Report, Health Systems Financing, The Path to Universal Coverage*, World Health Organization (WHO), 2010

(2) *Tracking Universal Health Coverage, 2017 Global Monitoring Report*, World Health Organization (WHO) and the World Bank IBRD-IDA World Bank Group

(3) *The Global Health 50/50 Report 2018*, *The Global Health 50/50 initiative is housed by the University College London Centre for Gender and Global Health*. www.globalhealth5050.org

(4) *The Sustainable Development Goals Report, 2018*, United Nations

(5) *World Health Statistics 2018*, *Monitoring health for the Sustainable Development Goals (SDGs)*, World Health Organization (WHO)

Appointment of Head of Department confirmed

The President of the Republic of the Union of Myanmar has confirmed the appointment of U Kyaw Swe Lin as Director-General of Department of Planning, Ministry of Agriculture, Livestock and Irrigation on expiry of the one year probation period.— Myanmar News Agency

Winners of titles and medals announced

THE Office of the President has issued eight notifications to mark the 72nd anniversary Independence Day. Under the Notification 1/2020, religious titles are conferred upon senior Buddhist monks who are performing the duties of Buddhist religion— Pariyatti (lecturing of Buddha's sermons) and Patipatti (meditation) as well as upon the lay disciples who are supporting the Buddhist religion by donating alms and offertories.

Honourary titles and medals are awarded under Notification 2/2020 whereas Notification 3/2020 is concerned with conferring of Thingaha medal for Myanmar military service, 4/2020, good military service medal, 5/2020, good civil service medal, 6/2020, good police service medal, 7/2020, state police service medal and 8/2020, public service medal and law and order enforcement medal respectively.—MNA

Myanmar Daily Weather Report (Issued at 7:00 pm Saturday 4th January, 2020)

BAY INFERENCE: Weather is a few cloud over the Andaman Sea and South Bay and partly cloudy elsewhere over the Bay of Bengal.

FORECAST VALID UNTIL AFTERNOON OF THE 5th January, 2020: Rain or thundershowers will be widespread in Sagaing Region, Kachin, Northern Shan and Chin States, scattered in Mandalay Region and isolated in Magway and Taninthayi Regions, (Southern and Eastern)Shan and Rakhine States. Degree of certainty is (100%). Weather will be partly cloudy in the remaining Regions and States.

STATE OF THE SEA: Sea will be moderate in Myanmar waters. Wave height will be about (5 – 7) feet off and along Myanmar Coasts.

OUTLOOK FOR SUBSEQUENT TWO DAYS: Likelihood of continuation of rain or thundershowers in Sagaing and Mandalay Regions, Kachin, Shan and Chin States.

FORECAST FOR NAYPYITAW AND NEIGHBOURING AREA FOR 5th January, 2020: Partly cloudy to cloudy.

FORECAST FOR YANGON AND NEIGHBOURING AREA FOR 5th January, 2020: Partly cloudy.

FORECAST FOR MANDALAY AND NEIGHBOURING AREA FOR 5th January, 2020: Isolated rain or thundershowers. Degree of certainty is (100%).

Foreign Heads of State send felicitations to President U Win Myint

**From NGUYEN PHU TRONG
General Secretary of the Central Committee
Communist Party of Viet Nam and
President of
Socialist Republic of Viet Nam**

On the occasion of the 72nd anniversary of the Independence Day of the Republic of the Union of Myanmar, on behalf of the State and the people of Viet Nam and in my own name, I would like to extend to Your Excellency and the people of Myanmar the warmest felicitations.

I wish to congratulate the people of Myanmar on their important achievements over the past years. It is my conviction that, under your leadership, the people of Myanmar will accomplish their cause of national construction and development, turning Myanmar into a harmonious and prosperous nation.

The traditional friendship and multi- faceted coop- eration between the two countries have been constantly strengthened and developed over the years. In 2019, we have witnessed frequent exchange of delegations, including Your Excellency’s visit to Viet Nam on the occasion of the 16th United Nations Day of Vesak. I firmly believe that with the determination and efforts of the Government and people of the two countries, the Comprehensive Cooperative Partnership between Viet Nam and Myanmar will continue to blossom, in the interests of our two peoples, for peace, stability, coop- eration and development in the region and the world.

May I take this opportunity to wish Your Excellency the best of good health, happiness and success.

**From Moon Jae-in,
President,
Republic of Korea**

On the occasion of the Independence Day of the Republic of the Union of Myanmar, I wish to convey my warmest message of congratulations to Your Ex- cellency and to the people of the Republic of the Union of Myanmar.

As we will be celebrating the 45th anniversary of diplomatic relations between the Republic of Korea and the Republic of the Union of Myanmar in 2020, I hope the friendly and cooperative ties that our two

countries have cultivated thus far will bear plenty of fruits. I look forward to engaging in close cooperation with Your Excellency to this end.

Please accept, Your Excellency, my best wishes for your good health and continued success in all your endeavors as well as for the everlasting prosperity of the Republic of the Union of Myanmar.

**From General Prayut Chan-o-cha (Ret.)
Prime Minister of the Kingdom of Thailand**

On behalf of the Royal Thai Government and the Thai people, I have the honour to extend to Your Ex- cellency and, through you, to the people of Myanmar our sincere congratulations and best wishes on the auspicious occasion of the 72nd Anniversary of the Independence Day of the Republic of the Union of Myanmar.

Thailand and Myanmar enjoy a long history of robust bilateral relations weaved through exchange of people and shared cultural and religious heritage. I am pleased that the amicable ties and mutually beneficial cooperation between our two countries have gained dynamism and been consolidated under our Natural Strategic Partnership over the recent years.

It is my strong conviction that with our joint efforts, Thailand and Myanmar will always be linked by bonds of cordial friendship, and united by a common aspiration for sustainable development and good neighbourliness between our two nations as well as peace and prosperity for the region.

Accept, Excellency, the renewed assurances of my highest consideration.

**From Miguel Díaz-Canel Bermúdez,
President of the Republic of Cuba**

On behalf of the Cuban people and Government, I extend our warm congratulations on the occasion of the 72nd anniversary of the proclamation of Independence of the Republic of the Union of Myanmar.

I avail myself of this opportunity to ratify our will- ingness to strengthen our bilateral relations.

Please accept the assurance of my highest con- sideration.

**From Simonetta Sommaruga,
President of the Swiss Confederation**

I would like to send you and your country’s people my very best wishes for the day of Independence of the Republic of Myanmar.

Switzerland and Myanmar enjoy longstanding bilat- eral relations based on reliability and trust. Switzerland is committed to maintaining a strong relationship with the Republic of the Union of Myanmar. Through the renewal of its cooperation programme in Myanmar for 2019-2023, Switzerland will continue supporting your country in its efforts to achieve peace, democracy and sustainable development. We look forward to building on this for the prosperity and benefits of both our countries.

I very much look forward to working with you to meet these challenges. I wish you and the people of the Republic of the Union of Myanmar happiness, prosperity and serenity for the future.

Please accept, Excellency, the assurances of my highest consideration.

From Aleksandar Vučić, President of Serbia

On the occasion of Independence Day of the Re- public of the Union of Myanmar, I extend to you, on behalf of the people of the Republic of Serbia and on my own, cordial felicitations and best wishes for the further prosperity and well-being of your country and its people.

The decades-long friendly relations between Serbia and Myanmar, based on the principles of the Non- Aligned Movement, have been characterized by a high level of mutual respect and appreciation. I am certain that our two states will continue to promote their bilat- eral relations and enhance the quality of cooperation, in all areas of mutual interest.

Confident that our two states share a firm commit- ment to the further deepening of political dialogue and cooperation in all areas of common interest, I stand ready to personally engage, in my capacity as Presi- dent, to the benefit of the peoples of our two countries.

Please accept, Excellency, the assurances of my highest consideration.

SEE PAGE-11

Foreign Heads of State send felicitations to State Counsellor

**Shinzo Abe,
Prime Minister of Japan**

On the occasion of the 72nd Anniversary of the Independence Day of the Republic of the Union of Myanmar, I am honored to extend to Your Excel- lency my warmest congratulations on behalf of the Government and people of Japan.

I would like to thank you again for your attend- ance at the Ceremony of the Enthronement of His Majesty the Emperor at the Seiden last October. I was also quite delighted to have a productive discussion with you for strengthening the relationship between Japan and Myanmar.

Japan will continue to stand by with Myanmar and provide maximum support for Myanmar’s efforts for democratic nation-building.

Along with my wishes for your good health and people’s peace and tranquility, please accept, Your Excellency, the assurances of my highest consid- eration.

Narendra Modi, Prime Minister of India,

On behalf of the people of India and on my own

behalf, I extend my warm greetings and felicitation on the Independence Day of the Republic of the Union of Myanmar.

We had a very productive meeting in Bangkok on the side-lines of ASEAN and related Summits. Our discussions reaffirmed the warmth of our bilateral partnership. I am pleased to reiterate that India will remain a strong and steadfast friend of Myanmar in achieving the Nation’s developmental objectives. I look forward to working in close cooperation with Your Excellency to build upon this very important bilateral partnership.

I would like to take this opportunity to extend my best wishes for your personal well-being and for the continued progress and prosperity, as a peaceful, stable and united nation.

Please accept, Excellency, the assurances of my highest consideration.

**Thongloun SISOULITH, Prime Minister of Lao
People’s Democratic Republic**

On behalf of the Government of the Lao People’s

Democratic Republic and on my own behalf, I would like to express my sincere congratulations and best wishes to Your Excellency and through Your Excel- lency to the People and Government of the Republic of the Union of Myanmar on the auspicious occasion of the 72nd Anniversary of the Independence Day of the Republic of the Union of Myanmar.

I firmly believe that the existing traditional rela- tion bond of friendship and good cooperation between our two countries as well as our two governments both in bilateral and multilateral will be further strengthened and flourishing. I stand continue to working closely with Your Excellency for the mutu- al benefits of the two countries and two countries and two peoples as well as ASEAN family and for peace, friendship and cooperation in the regional and international fora.

On this occasion of the New Year 2020, I would like to wish Your Excellency good health, well-being and greater success in your noble tasks.

Please accept, Your Excellency, the assurances of my highest consideration.



Foreign Heads of State send felicitations to President U Win Myint

FROM PAGE-10

From Alexander Van der Bellen,
Federal President of the Republic of Austria

On the occasion of the celebration of the National day of the Republic of the Union of Myanmar I take great pleasure in conveying to you my warmest congratulations.

I seize this opportunity to extend my best wishes for your personal well-being as well as for a happy future of the people of Myanmar.

From Andrzej Duda,
President of the Republic of Poland

On behalf of the Polish Nation and my own I extend to Your Excellency the best wishes and congratulations on the occasion of the National Day of the Republic of the Union of Myanmar.

We wish the Republic of the Union of Myanmar further success in economic development and building a modern and democratic state. I hope that incoming years will bring the intensification of cooperation between our countries.

Please accept, Your Excellency, the assurances of my respects and wishes of good health and for the People of Myanmar the wishes of prosperity,

From Mohammed VI,
King of the Kingdom of Morocco

As the Republic of the Union of Myanmar celebrates Independence Day, it gives me much pleasure to send you my warmest congratulations and to wish your people further progress and prosperity.

The Kingdom of Morocco keenly looks forward to strengthening and expanding its ties with the Republic of the Union of Myanmar for the mutual benefit of our countries.

Sergio Mattarella, President of Italy

The celebrations of the Independence Day offer

Funfairs, sports activities held in Nay Pyi taw Council Area to mark 72nd Independence Day

TO mark the 72nd Anniversary Independence Day, ministries, basic education schools and communities in the Nay Pyi Taw Council Area conducted funfairs and sports events.

Civil servants, school children and local people participated in the events.

At No 11 Basic Education High School in Wunnatheikdi Ward, school children, parents and teachers, civil servants from the Union Hluttaw Office, Pyithu Hluttaw Office, Amyotha Hluttaw Office and Ministry of Information took part in the events celebrated the anniversary independence day.

Winners of the vents were awarded with prizes by permanent secretaries, deputy permanent secretaries, directors and assistant directors of the Pyidaungsu Hluttaw Office, Pyithu Hluttaw Office, Amyotha Hluttaw Office and Ministry of Information and the head of the No 11 BEHS.

Similarly, funfairs and sports activities were held at schools and wards in the Nay Pyi Taw Council Area. — MNA

me the occasion to convey to You sincere wishes of peace, harmonious coexistence and prosperous future for all the inhabitants of the Union of Myanmar.

The relations between Nay Pyi Taw and Rome are shaped by a traditional friendship that, also thanks to the synergies generated by development cooperation projects, our Countries will further enhance to achieve the Agenda 2030 goals and to promote an ever more effective bilateral and regional collaboration.

With this spirit, I renew the most heartfelt wishes of the Italian people and myself.

János Áder,
President of the Republic of Hungary

On the occasion of the National Day of the Republic of the Union of Myanmar allow me to extend to Your Excellency and the people of Myanmar my warmest greetings and cordial felicitations.

I wish to reconfirm Hungary’s intention to further develop the mutually beneficial cooperation between our nations in the years to come.

Let me avail of this opportunity to wish Your Excellency the best of health and the people of the Republic of the Union of Myanmar happiness and prosperity. ■



NOTICE OF INVITATION TO TENDER N° MYA/002 19 2602 (Works)
Title: Construction of 3 School Buildings in Keng Tung Township, Eastern Shan State
in the framework of Project MYA/002 receiving financial resources from the Governments of the Grand Duchy of Luxembourg and the Republic of the Union of Myanmar

This notice of invitation is launched by and according to the procedures of the Luxembourg Agency for Development Cooperation (Lux-Development), on behalf of Project MYA/002 receiving financial support from the governments of the Grand Duchy of Luxembourg and the Republic of the Union of Myanmar

1. Identification and financing of the Project
a) Title: Project MYA/002 - Eastern Shan State Rural Development and Inclusion Project
b) Source of financing: The Government of the Grand Duchy of Luxembourg and the Republic of the Union of Myanmar, as set out in the Project's Memorandum of Understanding dated 12 December 2017
c) Status of financing: Approved

2. Identification of the Contract
a) Type of Contract: Works
b) Object: Construction of 3 School Buildings in Keng Tung Township, Eastern Shan State
c) Reference number: MYA/002 19 2602
d) Number of lots: 3
e) Grouping of lots: N/A

3. Eligibility and evaluation criteria
a) Origin: no restriction
b) Eligibility: companies satisfying the criteria included in the Statement of Good Standing and in the Ethics Clauses of the General Regulations
c) Evaluation: the lowest administratively and technically compliant tender will be granted the contract
d) Variants: no variants will be considered

4. Location and timeframe
a) Location of the Project: Eastern Shan State
b) Place of performance and Performance period of the Contract:

Lot	Title of Lots	Main Specifications	Place of performance	Performance Period - up to Provisional Acceptance (days)
Lot 1	Construction of Ah Maw Dea School Building	140'x30', 2 Storeyed R.C. Building	Ah Maw Dea Village, Nang Inn Tract, Keng Tung Township, Eastern Shan State	200
Lot 2	Construction of Ha Phu Mar School Building	90'x30', 1 Storeyed Steel Structure Building and 3 units of latrines & hand washing station	Ha Phu Mar Village, Nar Paw Tract, Keng Tung Township, Eastern Shan State	110
Lot 3	Construction of Ma Mo To School Building	90'x30', 1 Storeyed Steel Structure Building and 3 units of latrines & hand washing station	Ma Mo To Village, Naung Taung Tract, Keng Tung Township, Eastern Shan State	110

c) Validity period of tenders: 90 days from the time limit for receipts of tenders

5. Definitions
a) Awarding authority: Lux-Development
b) Contracting Authority: Department of Basic Education
c) Beneficiary: Ah Maw Dea, Ha Phu Mar and Ma Mo To villages
d) Supervisor: The Best 5 Company Limited
e) Donor: Grand Duchy of Luxembourg
f) Donor's Representative: Lux-Development

6. Tender Dossier (TD)
a) How to obtain the TD: the TD may be obtained on request by email to mya002@luxdev.lu
b) Consultation of the dossier: the TD may be consulted by email mentioned above
c) Written notifications and communications must be sent to email mentioned above:
d) Deadline for requests for additional information: 10 days before the deadline for submission of tenders
e) Deadline for providing explanations to tenderers by email: 4 days before the deadline for submission of tenders

7. Language, currency, receipt and opening of tenders
a) Language: English
b) Currency: Kyat
c) Address for receipt and opening: 1 original and 2 copies to:

Project MYA/002
Eastern Shan State Rural Development and Inclusion Project
Address: 1st Floor of the Building of Department of Rural Development
Myo Thit Quarter 3, Keng Tung Township, East Shan State

d) Deadline for receipt of tenders: **Monday 3 February 2020 at 14h00** (local time)
e) Date and time of the public opening session: immediately after the deadline for submission

8. Guarantees
a) Tender Guarantee: N/A
b) Performance Guarantee: N/A
c) Other Guarantees: N/A

9. Payments
All eligible payments which are part of this Contract will be processed by Lux-Development on behalf of Project MYA/002.

10. Information meeting and/or site visit
a) Mandatory information meeting: starting at **8h30 on Thursday 23 January 2020** at the address at 7.c above
b) Mandatory site visit: immediately after the mandatory information meeting
Note: The participants must carry an ID card, a letter of authorisation or introduction from their company. No participant may represent more than one company.
Costs for site visits and preparing tender: No costs incurred by the tenderer in site visits, preparing and submitting the tender shall be reimbursable. All such costs shall be borne by the tenderer.

11. Complementary or additional services
This Contract does not include any complementary or additional acquisition of goods. In the event where complementary or additional acquisition of goods would be required (initially not included), its value will be limited to a maximum of 100% of the initial value of the Contract.

12. Additional information: see Tender Document

4 killed in building collapse in Cambodia

PHNOM PENH—At least four construction workers, three of whom were women, died in the collapse of a nearly completed seven-floor building in the southern Cambodian town of Kep on Friday, according to the provincial spokesman.

There were no immediate reports on how many workers remained missing, but the spokesman said 16 people had been rescued so far.

Police said earlier that at least 20 workers were believed to have been trapped under the rubble after the collapse. This is the second deadly building collapse in Cambodia in less than a



Supplied photo shows a building in the southern Cambodian town of Kep that collapsed and killed several construction workers. PHOTO: KYODO NEWS

year. Last June, 28 workers were killed and 26 others were injured when a seven-story building built without proper permits collapsed in the southwestern city of Siha-noukville.—Kyodo News ■

Thousands in shelters as Indonesia flood death toll hits 53

JAKARTA—Indonesian rescue teams flew helicopters stuffed with food to remote flood-hit communities on Saturday as the death toll from the disaster jumped to 53 and fears grew about the possibility of more torrential rain.

Tens of thousands in Jakarta were still unable to return to their waterlogged homes after some of the deadliest flooding in years hit the enormous capital region, home to about 30 million. In neighbouring Lebak, where half a dozen people died, police and military personnel dropped boxes of instant noodles and other supplies into remote communities inaccessible by road after bridges were destroyed. “It’s tough to get supplies in there... and there are about a dozen places hit by landslides,” Banten police chief Tomsu Tohir told AFP. “That is why we’re using helicopters although there aren’t any landing spots.”

Local health centre chief Suripto, who goes by one name, said injured residents were flowing into his clinic. “Some of them were wounded after they were swept away by floods and hit with wood and rocks,” he said. Around Jakarta, more than 170,000 people took refuge in shelters across the massive urban conglomeration after whole neighbourhoods were submerged. Torrential rains that started on New Year’s Eve unleashed flash floods and landslides in the region and Lebak at the south end of Java island.—AFP ■

Shock, fear and sadness grip Australia’s ‘bushfire refugees’

BATEMANS BAY (Australia)—Thousands of Australians forced from their homes by rampaging bushfires now find themselves stuck in makeshift camps, fearful for the future and

turned refugees in their own country. On golf courses, cricket ovals and showgrounds – anywhere with a minimal amount of combustible tree cover -- Australians are sheltering

from a climate-fuelled disaster. At the Catalina Country Club in Batemans Bay, New South Wales, rows of caravans, 4x4s, pick-up trucks and tents are pitched cheek by jowl.—AFP ■

INVITATION TO OPEN TENDER

Sealed tenders are invited by Department of Medical Services, Ministry of Health and Sports for the supply of Medicines, Medical products and Consumables in the (2019-2020) Budget year.
Tender documents are available during office hours at the Procurement and Supplying Division, Department of Medical Services office No (4), Ministry of Health and Sports Commencing from (7.1.2020).
Sealed bids are to be submitted to the office, not later than (6-2-2020), 12:00 noon, after which no bid will be accepted. No telegraph/telex proposal will be accepted.
For detail information please contact the Phone No. 067-3411510, 067-3411544, Procurement and Supply Division Office, Department of Medical Services, Ministry of Health and Sports.

Procurement and Supply Division
Ministry of Health and Sports

TradeMark Ads Call Thin Thin May 09251022355, 09974424848

CLAIMS DAY NOTICE

MV YANTRA BHUM VOY.NO. (1035 W/E)
Consignees of cargo carried on MV YANTRA BHUM VOY.NO. (1035 W/E) are hereby notified that the vessel will be arriving on 5-1-2020 and cargo will be discharged into the premises of MITT/MIP where it will lie at the consignee’s risk and expenses and subject to the byelaws and conditions of the Port of Yangon.
Damaged cargo will be surveyed daily from 8 am to 11:20 am and 12 noon to 4 pm to Claim’s Day now declared as the third day after final discharge of cargo from the Vessel.
No claims against this vessel will be admitted after the Claims Day.
SHIPPING AGENCY DEPARTMENT
MYANMA PORT AUTHORITY
AGENT FOR: M/S REGIONAL CONTAINER LINES

Phone No: 2301185

CLAIMS DAY NOTICE

MV MCC SEOUL VOY.NO. (951S)
Consignees of cargo carried on MV MCC SEOUL VOY.NO. (951S) are hereby notified that the vessel will be arriving on 5-1-2020 and cargo will be discharged into the premises of MITT/TMT where it will lie at the consignee’s risk and expenses and subject to the byelaws and conditions of the Port of Yangon.
Damaged cargo will be surveyed daily from 8 am to 11:20 am and 12 noon to 4 pm to Claim’s Day now declared as the third day after final discharge of cargo from the Vessel.
No claims against this vessel will be admitted after the Claims Day.
SHIPPING AGENCY DEPARTMENT
MYANMA PORT AUTHORITY
AGENT FOR: M/S MCC TRANSPORT (S’PORE) PTE LTD

Phone No: 2301185

CLAIMS DAY NOTICE

MV NINOS VOY.NO. (1114 S/N)
Consignees of cargo carried on MV NINOS VOY. NO. (1114 S/N) are hereby notified that the vessel will be arriving on 5-1-2020 and cargo will be discharged into the premises of HPT where it will lie at the consignee’s risk and expenses and subject to the byelaws and conditions of the Port of Yangon.
Damaged cargo will be surveyed daily from 8 am to 11:20 am and 12 noon to 4 pm to Claim’s Day now declared as the third day after final discharge of cargo from the Vessel.
No claims against this vessel will be admitted after the Claims Day.
SHIPPING AGENCY DEPARTMENT
MYANMA PORT AUTHORITY
AGENT FOR: M/S NEW GOLDEN SEA LINES
Phone No: 2301185

CLAIMS DAY NOTICE

MV OCEAN PROBE VOY.NO. (031N/S)
Consignees of cargo carried on MV OCEAN PROBE VOY.NO. (031N/S) are hereby notified that the vessel will be arriving on 5-1-2020 and cargo will be discharged into the premises of MIP where it will lie at the consignee’s risk and expenses and subject to the byelaws and conditions of the Port of Yangon.
Damaged cargo will be surveyed daily from 8 am to 11:20 am and 12 noon to 4 pm to Claim’s Day now declared as the third day after final discharge of cargo from the Vessel.
No claims against this vessel will be admitted after the Claims Day.
SHIPPING AGENCY DEPARTMENT
MYANMA PORT AUTHORITY
AGENT FOR: M/S CONTINENTAL SHIPPING LINE PTE LTD
Phone No: 2301185

CLAIMS DAY NOTICE

MV ISEACO FORTUNE VOY.NO. (019W)
Consignees of cargo carried on MV ISEACO FORTUNE VOY.NO. (019W) are hereby notified that the vessel will be arriving on 5-1-2020 and cargo will be discharged into the premises of MIP/MITT where it will lie at the consignee’s risk and expenses and subject to the byelaws and conditions of the Port of Yangon.
Damaged cargo will be surveyed daily from 8 am to 11:20 am and 12 noon to 4 pm to Claim’s Day now declared as the third day after final discharge of cargo from the Vessel.
No claims against this vessel will be admitted after the Claims Day.
SHIPPING AGENCY DEPARTMENT
MYANMA PORT AUTHORITY
AGENT FOR: M/S NEW GOLDEN SEA LINES
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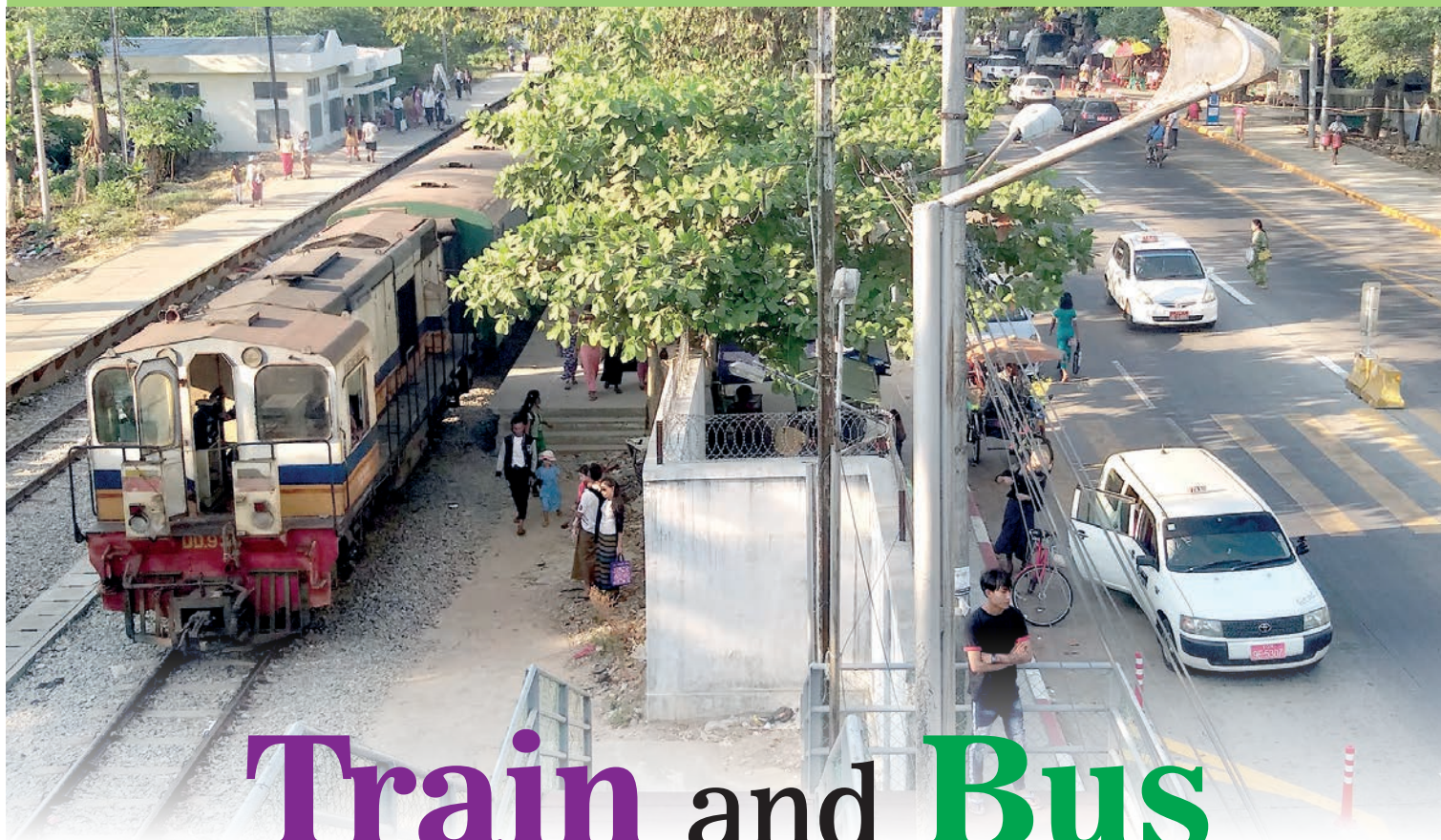
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Train and Bus interchange project

By Swe Oo Wai

YBS Bus No 88 was full of people as I board it. As I need to take two YBS bus routes in order to go to my office, I just had to wade into the crowded bus. This was a daily routine that I had to face as taking a taxi was an expensive option. A new train and bus interchange project started on a pilot stage at Yangon Thamaing station was expected to ease the experience of tightly packed YBS buses that people like me were facing everyday whenever we went to work.

In Yangon there were a huge numbers of people commuting on public transports like YBS buses, circular train and ferries like water bus. According to a 2016 Asia Development Bank report, of the daily commuters in Yangon, 22.5 per cent use bicycle, 7.2 per cent use motorcycles, 49.4 per cent use bus and 1.1 per cent use train

With the aim of providing the best service to the majority of Yangon commuters that were using buses for their daily commute, a pilot train and bus interchange project was started at Yangon Thamaing railway station (Butayone in Myanmar language) bus stop on Baho Street on 2 December, 2019.

The interchange will allow train or bus passengers to switch easily to train or bus and continue their journey seamlessly said Yangon Region Transport Authority (YRTA) joint secretary U Hla Aung.

Public transport in Yangon became an important sector in transportation, due to road congestion in Yangon and population increase in Yangon from rural to urban migration. Increase in businesses, shops and factories and foreign investments create more job opportunities that in turn increased population density in Yangon as well as daily commuters.

The pilot train and bus interchange project was being jointly implemented by Myanmar

Yangon, YBS Bus 22 plying between Yangon West University and Thakin Mya Park stops, YBS Bus 94 plying between Computer University and Yangon Central Railway station stops at this bus stop. Anyone who came along the circular railway line or along the bus routes can go to other destinations along the railway line or the bus routes conveniently.

Yangon's public transport network plays an important role in the social and economic life of the people and changing over

panded and developed to Pazuntaung and Kyimyindaing train stations and then on to other train stations as well.

YBS buses 15, 16, 19, 61, 68, 79 and 83 stops at Zay Buta bus stop and U Ba Han bus stop near Thamaing train station and bus stop or interchange allowing commuters to change over to these routes conveniently. Circular train from Thamaing station to Yangon Central Railway station took only about 45 minutes and during the morning rush hour waiting time between two trains are about 15 minutes only. At the same time, waiting time for buses at the interchange bus stop is only about four minutes allowing commuters a quick and convenient changeover from one route to another.

This train and bus interchange will allow the commuters to reduce their daily total travel time. It will also allow the commuter to expand the range of destination too.

At the moment, some YBS bus stops serving several bus lines had designated places for each bus line to stop like the bus stops at the Town Hall in Sule, Sanpya market and Gamon Pwint market while some bus stops had different alighting and boarding points for passengers. These plus the train and bus interchanges are expected to raise the service provided to Yangon commuters to higher and better level.

Translated by Handytips



PHOTOS: KHIN ZUN ZAR LIN

Railway, YRTA, Yangon City Development Committee, Yangon Region Traffic Police and Japan International Cooperation Agency (JICA).

In Thamaing Butayone station, crossing the pedestrian bridge over the rail tracks will bring you to YBS bus stop. YBS Bus 11 plying between Aung Mingala Highway depot and Latha bus stop in down town

from one bus line to another or another mode of transport is an important step in the entire process. This step allows the public to change over from one main route to another main route conveniently.

This pilot project was another step to raise the bus service provided to the public and if it is successful, more train and bus interchange projects will be ex-



PHOTOS: AQY

University students collaborated with Dr Air Bear to raise awareness of Yangon's air pollution

With support from Save the Children's SHIFT program, Air Quality Yangon is working to expose the invisible killer of air pollution

IN early December, Air Quality Yangon (AQY), who are 17 to 23 years old launched a social campaign, the first of its kind, with the help of Dr Air Bear to raise awareness and expose the often-dangerous levels of air pollution in Yangon. Additionally, this youth-led campaign aims to encourage public action by providing efficient ways to help make Yangon's air cleaner. Air Quality Yangon created an environmen-

in Yangon is dirty. Along with the bear's massive appeal to pedestrians, AQY team engaged with the general public by sharing their knowledge about air pollution. Carrying their science-filled, data-led signboards, they have been putting in great efforts to make people care about the air we breathe.

AQY's goal is to inform the public about Yangon's air quality by collecting and presenting real-time data, to raise awareness of the dangers of air pollution for Myanmar citizens, and to provide examples of how simple lifestyle changes can help reduce air pollution.

"Our purpose with Dr. Air Bear is to make the invisible threat visible in an engaging way," said Air Quality Member member Zaw Win Htet. "Air pollution is a serious and growing problem here, but many people do not understand how dangerous it is. So, we come up with the idea of Dr. Air Bear who time travelled from the year 2050 when Yangon's air quality is really bad causing the death of his own mother. He wants to change his future by going back in time to when Yangon's air

charcoal, and burning trash also play a role. The Know What You Breathe campaign is the result of funding for AQY from global nonprofit Save The Children through its SHIFT platform, in which the AQY team was able to join 3-day workshop for which they chose the issue closest to their hearts: Air Pollution. During the workshop, AQY received help in writing a statement on strategies to address the issue, which ultimately led them to co-create the Know What You Breathe campaign with the help of their creative partner, Bridge. Andy Nilsen, Director of Advocacy, Communications, Campaigns and Media at Save the Children, created SHIFT as a campaign accelerator program to support youth movements for positive change. "This generation in Myanmar has seen the air quality dramatically decrease in ways that could affect them for the rest of their lives," Nilsen said. "I'm proud to support these young people in their mission to raise awareness and ultimately improve the air quality in Yangon and throughout the country. It is my hope that the people and government of Myanmar will pay attention to their



tally friendly robot that gathered air quality data around Yangon. The bear is made out of white cotton and as the days passed, dust from the air has settled on the bear's body turning it darker as it moves through traffic in Yangon. It is a visual representation that the air we are breathing

pollution starts to reach dangerous levels and stop it. We hope that by getting their attention through Dr. Air Bear, we can motivate them to take action." While traveling with Dr. Air Bear, AQY makes an effort to use public transportation, carpool, bike, and walk in order to set an example for pollution reduction. They post photos and videos of their excursions on their Facebook page along with air pollution measurements they have collected. According to the World Health Organization, air pollution causes 22,000 deaths in Myanmar every year, in addition to chronic respiratory ailments for many more. Yangon's worsening air quality is commonly attributed to the dramatic increase in vehicles since imports were liberalized in 2011 and the corresponding removal of trees to make way for traffic and development, but other factors such as factory emissions, cooking with

findings and make real changes." At the end of the campaign, AQY will also urge the people to join them in cleaning up Yangon's air by launching an online pledge to walk whenever possible, ride a bicycle or trishaw to places too far to walk, and take public transportation for long distances. "Change requires public pressure, which requires awareness that there is a problem," Zaw Win Htet, said. "We believe that when people are aware of the severity of Myanmar's air quality situation, they will change their behaviors and ask the government to do more. That's why we continue to focus on expanding monitoring of air quality. From here, it will be up to the people of Myanmar to take action and bring back our clean air."—GNLM



AFC representative advises MFF on upcoming football election



The coordination meeting of MFF officials and Mr Yousuke, representatives of the Asian Football Confederation (AFC), held in Yangon yesterday. **PHOTO:MFF**

AT the invitation of the Myanmar Football Federation, Mr Yousuke, Head of MF and Regional Associations (East Asia Unit) and representatives of the Asian Football Confederation (AFC), arrived in Yangon yesterday morning to meet with the football election commission of the Myanmar Football

Federation.

The President of the Myanmar Football Federation, U Zaw Zaw, met with Yousuke yesterday at the Novotel Yangon Max Hotel.

The Myanmar Football Federation election is to be held on 30 January, 2020. Yousuke will assist to ensure the elec-

tion conforms with international standards, and complies with the rules, codes and conducts of the FIFA and Asian Football Confederation. After the meeting, Yousuke met with the football election commission of the Myanmar Football Federation to discuss the upcoming election.—Lynn Thit (Tgi)

We might have a better chance at home: keeper Kyaw Zin Htet

YANGON United goalkeeper Kyaw Zin Htet has said his team will focus on the first match of the year against Shan United in the MFF Charity Cup 2020, and might have a better chance for victory at home.



Yangon United goal keeper Kyaw Zin Htet. **PHOTO:YUSC**

Yangon United will face Shan United today, at 3:30 pm at Yangon United Sports Complex, in the MFF Charity Cup 2020.

“This is the very first match for us in 2020. We lost last year in the Charity Cup. But now we will pay back and bring victory for our head coach”, said goal keeper Kyaw Zin Htet.

Yangon United lost to Shan United during a penalty shoot-out at the 2019 Charity Cup.

“We might have a better chance at home, but we have a bit more pressure when hosting the match. They do as well. I believe this match is going to be the most entertaining match for the fans”, said Kyaw Zin Htet.

“I am very pleased about this year’s preparation. And we missed the chance to lift the league title due to the limited reserve players last year. But now we have enough players to face the opponents”, he added.

The entrance fees for the match will be donated to a local orphanage.—Lynn Thit (Tgi)

Ski-jump sensation Lindvik nails iconic Innsbruck Four Hills win

INNSBRUCK (Austria)—Norwegian outsider Marius Lindvik produced another mega-leap at the spectacular downtown Innsbruck ski-jump packed with holiday weekend crowds on Saturday three days after bursting onto the Four Hills map with a win at Garmisch.

Poland’s Dawid Kubacki ran Lindvik a close second and took the overall Four Hills lead after this third of four legs with Monday’s deciding leg scheduled for Bischofshofen, also in Austria. Japan’s defending champion Ryoyu Kobayashi, who took a clean sweep last year, won the opening leg at Oberstdorf in Germany and is still in with a chance of the title. — AFP ■

Mourinho says no quick fixes for Spurs in transfer window

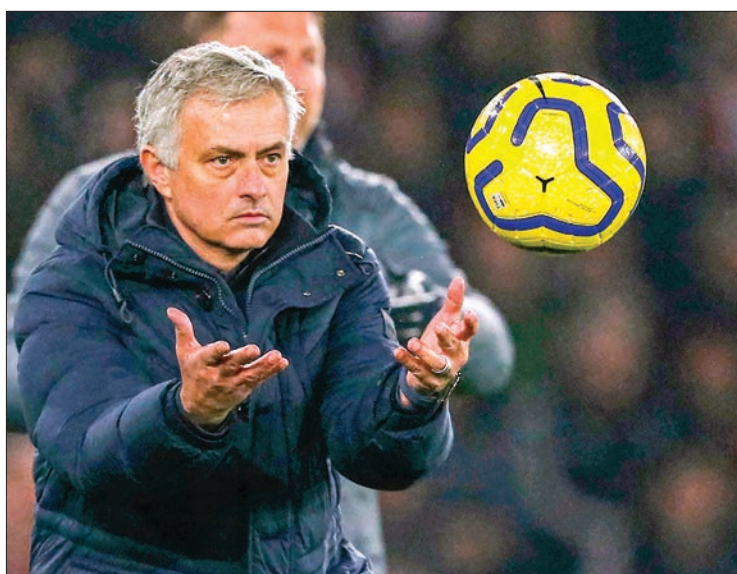
LONDON (United Kingdom)—Jose Mourinho says Tottenham will be “intelligent” in the January transfer window and there will be no quick fixes at the Premier League club.

Mourinho has repeatedly said that he will not be overhauling his squad this month and that any business could be dependent on players leaving.

One player who appears to be on his way out of the club is midfielder Christian Eriksen, whose contact expires in June, but it is not certain he will depart this month.

Mourinho, whose side have stumbled in recent weeks, walked into the club with his eyes wide open and said he was on the same page as chairman Daniel Levy.

“That was very clear for me and is very important for me to understand that before I came,”



Tottenham manager Jose Mourinho is not expecting a busy January transfer window at the club. **PHOTO: AFP**

said the Portuguese boss, who took over from the sacked Mauricio Pochettino in November.

“This is our first transfer window, not the last,” he added. “We are going to have one in the summer, we are going to have

one in 2021 January, we are going to have another one in the summer of 2021.

“We are going to have to try to be intelligent and we have to try to make the right decisions, not just for now, but for the de-

velopment of a cycle.”

Spurs are struggling for numbers ahead of Sunday’s FA Cup trip to Middlesbrough.

Harry Kane, Tanguy Ndombele, Ben Davies, Danny Rose and Hugo Lloris are all injured and many players have played three games over the Christmas period.

Mourinho said he was likely to call on youth at the Riverside but emphasised that such a move did not mean the FA Cup was not important for the eight-time winners.

“Everybody’s going to be involved,” he said. “If you go to our squad and no Rose, no Davies, no Lloris, no Kane. I don’t know if Eric Dier will be ready but he is still to come back.

“When you say no, no, no, no, you have to say (Oliver) Skipp, (Japhet) Tanganga, (Troy) Parrott, the young boys in.” — AFP ■

SUNDAY SPECIAL

The Global New Light of Myanmar

NEXT GENERATION PLATFORM

5 JANUARY 2020
THE GLOBAL NEW LIGHT OF MYANMAR



START OF A NEW YEAR/DECADE



By Aung Kaung Sett Hein
4th year, RCSI Medicine,
Dublin.

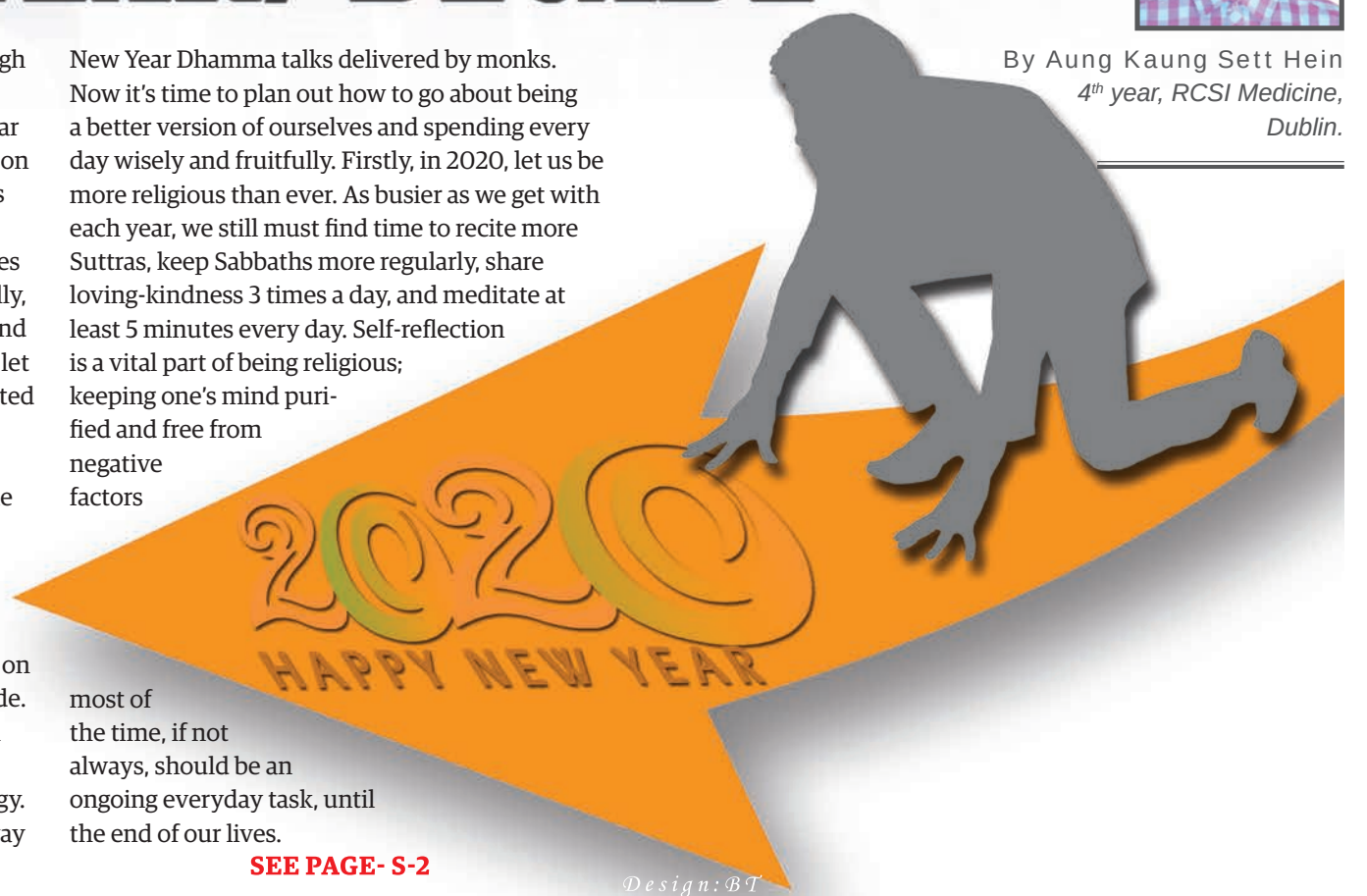
The calendar has flipped over! Although debatable, 2020 marks the start of a new decade (2020s) and the final year of 2010s. We may have already seen on social media platforms people posting pictures and videos summing up their 2019. A year has whizzed by so fast that some of us have troubles correctly taking down the year '2020'. Hopefully, we all have adequately reflected on the good and the bad of the past year and are determined to let bygones be bygones. Most of us are surely excited about what the 2020 has in store for us. There are so many things to look forward to indeed- birthdays, wedding receptions, or of course, the Thingyan festival. In some places in the world, the Christmas lights are still out there. I am quite sure we also have also listed new year's resolutions in our mind, once again, while other people might actually be debating on whether or not 2020 is the start of a new decade.

Anyhow, we all have started off 2020 with bangs, flashes, and beautiful fireworks, while being thrilled with positive thoughts and energy. For Buddhists like us, what more auspicious way to begin this new journey than listening to the

New Year Dhamma talks delivered by monks. Now it's time to plan out how to go about being a better version of ourselves and spending every day wisely and fruitfully. Firstly, in 2020, let us be more religious than ever. As busier as we get with each year, we still must find time to recite more Suttras, keep Sabbaths more regularly, share loving-kindness 3 times a day, and meditate at least 5 minutes every day. Self-reflection is a vital part of being religious; keeping one's mind purified and free from negative factors

most of the time, if not always, should be an ongoing everyday task, until the end of our lives.

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Design: BT

FROM PAGE- S-1

In 2020, let us be more disciplined. Imposing disciplines on ourselves has never been that easy and will never be. But with regular practice, it makes it rather a little more bearable and keeps you going on the right path. Sticking to a strict discipline can prevent us from dissipating as time goes and makes sure our days are not fritted away uselessly- so create plans and goals daily and try to get as much out of time available. Getting up at a certain time, meditating for a fixed amount of time, reading a book as part of a routine, and such practices can teach us the value of discipline. Let us stay away from phone as much as possible during the day as it can derail from our agenda. But in order not to lose track of time, our weekends should be made free of rigid timetables, where we can do what, please.

As we all know, health is gold and health resolutions are not avoidable. Let us eat more healthily, in a specific manner. Lack of specificity often leads to loss of motivation, so start with eating an apple a day. What other vegetables do you have on your mind to add to your lunch every day? We can limit fast food to once a week, and cut off sugary and salty foods from our diet gradually. Little healthy habits do matter, so missing breakfast or forgetting to drink at least a glass of water as we wake up is definitely not advisable. As great as health resolutions can sound, we need to make sure what we envision is reachable. For a

night person, it is no use thinking of running early in the morning before work. In other ways, do not force yourself to do something that you do not really enjoy.

Let us no longer wallow in regrets. As already known to us, the Buddha preached that it is unwholesome to do so as it stops us from going forward and keeps us fixated onto things of the past. Do not let little slips like a missed exercise class throw you off the course, and if you slip again, get back on track. Of course, every human being wishes that things had been different in one way or the other, but cycles of self-blaming, guilt, and regrets instead of learning from errors can do nothing but bear anxious thoughts and unhealthy obsessions. At the same time, let it be easier for us to brush off negativity that approaches us, feel gratitude every day for what we possess, and pay less attention to unjustified criticism. A new year/decade only fits with a new (more) positive mindset, doesn't it?

So, here's to building and realizing more concrete attainable goals and resolutions in this very first chapter of a new decade. Taking life a day at a time is a practical way of handling our overwhelming daily lives. If the idea of a year-long resolution sounds daunting, we still can set ourselves a year of 12 monthly different small goals. But in the end, it is a matter of patience, perseverance, and determination that our 2020 must prosper without fail. A Happy 2020, all readers!

ON THE INDEPENDENCE DAY OF



Grieving, grieving and I'm grieving
Today, for their blood and tears flowing
On the long way of mission
For the gain of our nation.

Wondering, wondering and I'm wondering
Today, ways to solve unfair things
In the matters of worldly confusion
For the gain of our nation.

Writing, writing and I'm writing
Today, I find happiness in writing.
To the flow of scarifying blood and tear
For the nation's gain, my homage from my paper.

By Sayar Zawgyi
Translated by Nwe Phyo (Cherry land)



ENGLISH LESSON

QUOTATIONS & PROVERBS

By C. T. O

(CONTINUED FROM LAST WEEK)

290. Love is the part, love is the whole.
Love is the robe, and love is the pall.
Ruler of heart, brain and soul.
Lover is the Lord and slave of all.
အချစ်သည် အစိတ်အပိုင်းလည်း ဖြစ်သည်။ တစ်ခုလုံးလည်း ဖြစ်သည်။ ဝတ်ရုံလည်း ဖြစ်သည်။ အလောင်းစင်လွမ်းသည့် အဝတ်စလည်း ဖြစ်သည်။ အသည်းနှလုံးဦးနှောက်နှင့် ဝိညာဉ်တို့ကို ပိုင်သသူလည်း ဖြစ်သည်။ အချစ်သည် အားလုံး၏ အရှင်သခင်လည်း ဖြစ်သည်။ ကျေးကျွန်လည်း ဖြစ်သည်။
291. Ignorance was the cause of all misery.
အသိဉာဏ်ခေါင်းပါးခြင်းသည် ဒုက္ခအားလုံး၏ အကြောင်းရင်းဖြစ်သည်။
292. The river flows continuously and appears to be the same from moment to moment; yet the waters are ever changing.
မြစ်သည် အဆက်မပြတ် စီးဆင်းနေသည်။ မည်သည့်အချိန် ကြည့်ကြည့် ဤမြစ်သည် ဤမြစ်ပင်ဖြစ်သည်ဟု ထင်ရသည်။ သို့ရာတွင် ရေတို့သည် အဆက်မပြတ်ရွေးလျားပြောင်းလဲနေကြသည်။
293. We must aim high and look far.
ငါတို့သည် မြင့်မြင့်မှန်း၍ ဝေးဝေးသို့ မျှော်ကြည့်ရမည်။
294. Motion is the sign of life.
လှုပ်ရှားမှုသည် အသက်ရှင်ခြင်း၏ သင်္ကေတသာတည်း။

295. History is almost always written by the victors and conquerors and gives their viewpoints.
သမိုင်းကို အမြဲလိုလိုပင် အောင်နိုင်သူများက ရေးကြ၍ သမိုင်းသည် သူတို့၏ အမြင်များကိုသာ ဖော်ပြလေ့ရှိသည်။
296. He asked the people to seek the truth in their own minds.
သူသည် ပြည်သူများကို မိမိတို့စိတ်နှလုံးတွင်း၌ အမှန်တရားကို ရှာဖွေရန် တိုက်တွန်းခဲ့သည်။
297. There is no indispensable person.
ဤကမ္ဘာ၌ မရှိလျှင် မဖြစ်သောသူဟူ၍ မရှိ။
298. The lion is not so fierce as they paint him.
ခြင်္သေ့သည် သူတို့မြင်သထားသလောက် မကြမ်းကြုတ်ပါ။
299. There comes an hour of sadness with the setting of the sun.
Not for the sins committed.
But for the things I have not done.
နေဝင်ခြင်းနှင့်အတူ ဝမ်းနည်းရသောအချိန်သည် ရောက်လာသည်။ ထိုသို့ ဝမ်းနည်းရသည်မှာ ကျူးလွန်မိသော အပြစ်များအတွက် မဟုတ်ပါ။ မိမိ မလုပ်ဆောင်လိုက်ရသော အရာများအတွက်သာ ဖြစ်ပါသည်။
A woman is like a shadow. The more you follow it, the farther it moves away from you and the

farther you move away from it, the more it follows you.
အမျိုးသမီးတစ်ယောက်သည် အရိပ်တစ်ခုနှင့်တူသည်။ သင်သူမနောက် ပိုလိုက်လေလေ၊ သူမ သင့်ထံမှ ဝေးဝေး ရွေ့သွားလေလေ၊ သင် သူမထံမှ ဝေးဝေး ရွေ့သွားလေလေ၊ သူမက သင့်နောက်သို့ လိုက်လေလေ။

The path of true love never did run smooth.
အချစ်စစ် အချစ်မှန်၏ လမ်းကြောင်းသည် ချောမွတ်ခဲလှသည်။

Youth and old age never agree.
လူငယ်နှင့် လူကြီး ဘယ်တော့မှ သဘောချင်းမတိုက်ဆိုင်။

Extremes meet.
အစွန်းများတွေ့တတ်၏။

We must avoid extremes.
ငါတို့သည် “အစွန်း”များကို ရှောင်ရှားရမည်။

I never saw so young a girl with so old a head.
ကျွန်တော် ဤမျှအသက်ငယ်၍ ရင့်ကျက်သော ဦးနှောက်ရှိသည့် မိန်းကလေးမျိုး ဘယ်တုန်းကမှ မတွေ့ဖူးခဲ့။

We should not be afraid of mistakes. Mistakes are part of life. They are essential to a full life.
ငါတို့ အမှားများကို မကြောက်သင့်ပေ။ အမှားများသည် လူ့ဘဝ၏ အစိတ်အပိုင်းတစ်ရပ်ဖြစ်သည်။ သူတို့သည် ပြည့်ဝသော ဘဝတစ်ခုအတွက် မရှိမဖြစ်လိုအပ် သော အရာများဖြစ်သည်။

Why do you always travel in the third class?
Because there is no fourth.
ခင်ဗျားဘုကြောင့် အမြဲတမ်းတတိယတန်းက ခရီးသွားတာလဲ။ စတုတ္ထတန်းမရှိသေးလို့ပါဗျာ။

The seed you sow, another reaps.
The wealth you find, another keeps.
The robes you weave, another wears.
The arms you forge, another bears.
မင်းစိုက်တဲ့အစေ့ကို အခြားတစ်ယောက်က ရိပ်သိမ်းသွားတယ်။
မင်းတွေ့တဲ့ ဥစ္စာရတနာကို အခြားတစ်ယောက်ယူသွားတယ်။
မင်းရက်တဲ့ဝတ်ရုံတွေကို အခြားတစ်ယောက်က ဝတ်တယ်။
မင်းလုပ်တဲ့ လက်နက်တွေလည်း အခြားတစ်ယောက်က ကိုင်ဆောင်နေတယ်။

Misfortune never comes single.
ကံကြမ္မာဆိုးသည် ဘယ်တော့မှ တစ်ခုတည်း မလာ။

If you love yourself



By Htet Zaw Htoo (SUOE)
Senior Assistant Teacher
at B.E.H.S. Minemaw

The New Year, 2020, has started for four days so far. When an old year changes a new year, we all need to think back what we did in the old year and simultaneously should consider how we will spend the New Year to be a happy and successful one. On the night of the last day of 2019, I read the Facebook post written by Saya Dr. Soe Than. It mentioned thirty points for living happily in life. When I had finished reading it, I happened to note it down in the book to remind myself throughout the year. All of the points mentioned are really good for a happy life and it helps us appreciate our own life. Now I am going to share the very first ten points in this essay.

The first point suggested for happy living is to be grateful that we are alive when we wake up every morning. It is not easy to get human life, so it is very important to appreciate the life we have got, whether it is good or bad. Besides, we had better reflect what we have got knowledge, property and good deed at the end of the day. It is vital to do good things in a day. Otherwise, we come to feel disappointed at the current life and so some people, who others think they are happy and successful, committed suicide. The second fact suggested is to get up, dress up and show up regardless

of how we are feeling in our hearts. As a saying goes, 'Life is not the road covered with flowers'. It is rough and sometimes too difficult to live. However we face difficulties and challenges in life, it is important to deal with all problems by running our normal life calmly. The next point is to find out our trump card, and use it to our advantage without comparing ourselves with others. Comparing other unnecessarily makes us depressed and sad. Therefore, it is not necessary to compare with others, but to compare with ourselves is a must to do. What we will be in 2020 will need to be better than what we used to be in 2019. Likewise, what we did yesterday needs to be better than what we do today. The next suggestion for happy living is to work out for about ten to thirty minutes a day. It is undeniable that the most important thing in life is health. Without any good health, no one can do what they love to do in life. Life is just meaningless and nothing for the person who has to spend most of his time in the hospital or in the bed. In addition, doing physical exercises in the early morning makes us fresh and active the whole day. The next suggestion is to make sure to drink about two liters of water per day. When we are as busy as a bee, we unconsciously forget to drink enough water. For good health, water

is the basic need if our bodies. Therefore, we ought to drink water enough for how busy we are in a day. The next point suggested is to breathe quietly: inhale and exhale for about ten minutes a day. It is good not only for our health but also for our concentration on what we are about to do. The next point mentioned there is to have a hearty breakfast early in the morning, have a light lunch and eat very little for dinner.

FROM PAGE- S-7





Photos are supplied by the WCS

Protecting Myanmar's dolphins is everyone's responsibility

By Aung Thant Khaing

Of all aquatic animals that flourish in the waters of the world, only three species of warm-blooded mammals are found living in aquatic habitats.

Those mammals are dolphins, whales and dugongs, all of which, except one species of dolphin, are found in seawater. There are thirty known species of dolphins, and only one is found in fresh water. Its scientific name is *Orcaella brevirostris*, but is widely known as the Ayeyawady Dolphin.

In 1866, Sir Richard Owen reported his earlier discovery of the Ayeyawady Dolphin species in 1852 near the harbor of Visakhapatnam on the eastern coast of India. Later, English naturalist John Anderson had travelled to Myanmar during a research exploration along the Ayeyawady river, from 1871 to 1879. During his research he discovered the round-snouted ash grey dolphin in the Ayeyawady river and he became the first person to discover the fresh water dolphin.

When he returned to London, he wrote a research paper entitled,

"Description of a new cetacean from the Irrawady River, Burma" and submitted it to the London Zoological Association. He described those ash-grey dolphin as Ayeyawady Dolphin and, hence-

forth, it has been widely known as the Ayeyawady Dolphin.

Similar species found in other parts of the world are also referred to as Ayeyawady or Irrawady Dolphin.

According to the Wildlife Conservation Society-Myanmar, there are only some 76 Ayeyawady dolphins in Myanmar today. Conservationists found 26 dolphins between Mandalay and

Kyaukmyaung, and some 50 between Kyaukmyaung and Bhamo, totalling 76.

Several reports indicate that the dolphins in Mingun and Kyaukmyaung areas have higher intelligence and perform 'cooperative fishing' with fishermen by driving fish to boats so fishermen can easily net them.

A dolphin is said to be the leader of the group, raising its head above the water and setting its tail vertically above the water, signalling for fishermen to be ready to catch the fish. When the dolphin exposes its tail horizontally above the water and slaps the surface of the water, the fishermen understand it is a signal to follow them. The fishermen then follow the dolphins, which leads to where they can find the fish.

Local education campaigns have attracted more people to help protect the dolphins, though their injury rate has not significantly fallen.

The dolphin survey report aims to prevent their numbers from dropping and to increase their reproduction rate by imple-

menting a regional-level protection programme.

Officials report that 4 Irrawaddy dolphins died in 2010, 3 in 2011, 4 in 2012, 5 in 2013, 3 each in 2014 and 2017, 6 in 2018, and 2 in 2019.

About 70 per cent of Ayeyawady dolphins died because of electric-shock fishing, while the remaining 30 per cent of the dolphins died when becoming caught in fishing nets.

The dolphins' natural habitats in Mingun, Kyaukmyaung, Htigyaing, Kathar and Shwegu are designated conservation areas. The Department of Fisheries and the Wildlife Conservation Society (WCS) are working with local residents to protect the dolphins.

Mandalay Region Hluttaw Resource and Environmental Conservation Committee is planning to write a report on bringing the endangered species back from near extinction.

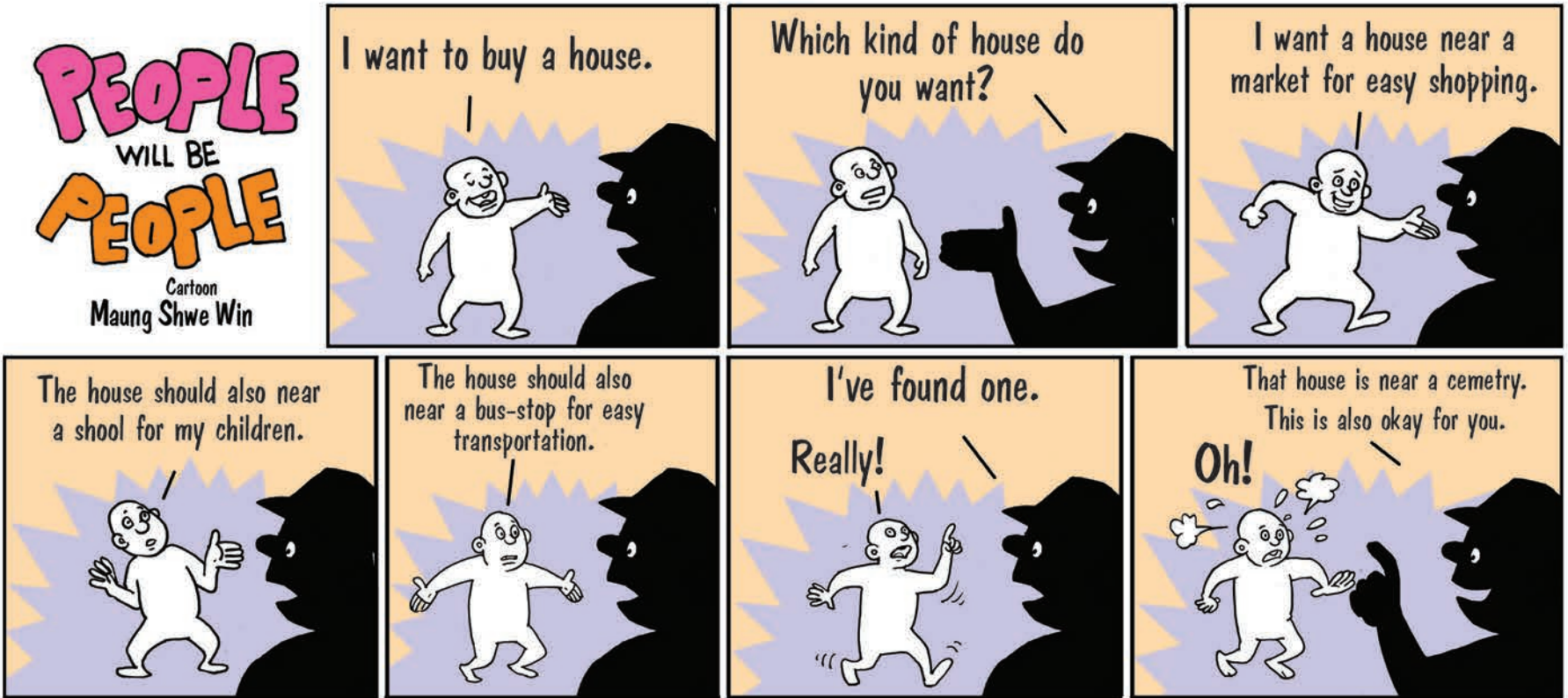
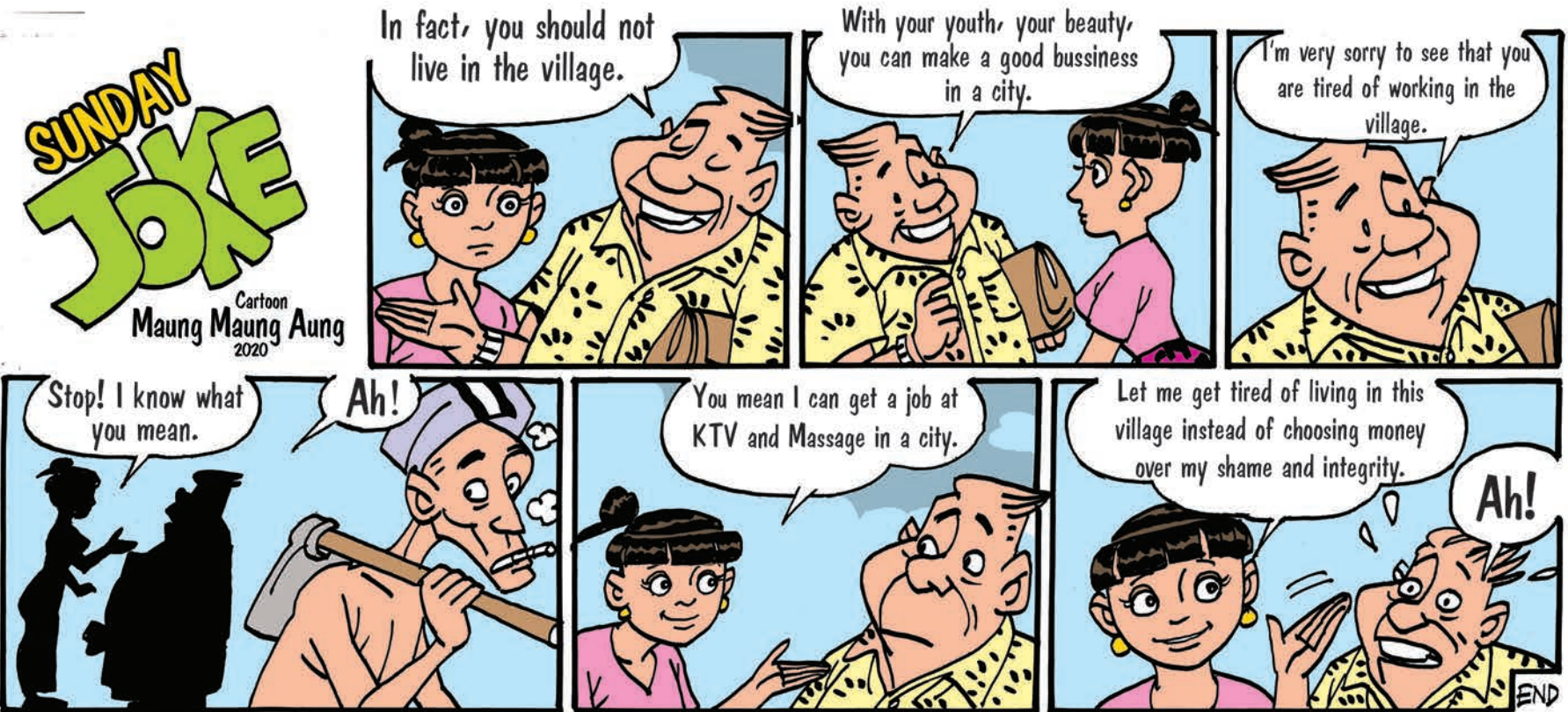
Also, the dolphin situation is to be brought before the Mandalay Region Parliament.

Protecting the dolphins is everyone's responsibility.

Translated by GNLM



SUNDAY COMICS



PHILANTHROPY: the prosocial behaviour

By Mg Sila

A dictionary defined the word “philanthropy” that the practice of helping the poor and those in need, especially by giving money.

In the United States, the National Philanthropy Day, designated by the Association of Fundraising Professionals (AFP), is annually observed on 15 November, celebrating charitable activities, in the form of donated financial, in-kind and volunteering support.

“Philanthropy” comes from the Greek word *philanthropos* - lover of humanity or kindness, benevolence and love toward humanity. It is also a kind of generosity.

Very, very amazing I had been and am that despite a poor nation, Myanmar was the world’s most generous country on the earth for three consecutive years from 2014 to 2016, according to the CAF World Giving Index.

According to the 2016 CAF World Giving Index, people in Iraq are the kindest to strangers, and people in Myanmar give the most away. Myanmar people are strong believers in a donation and doing charity.

When we come to say about “philanthropists”, the majority of us think about business tycoons, actors, writers and celebrities such as U Kyaw Thu, U Zaw Zaw, Pyay Ti Oo, Sayama Than Myint Aung and Khin Hnin Kyi

Thar. They are really amazing people and we need their voices but there is something very dangerous when we look at philanthropy simply for the business tycoons, celebrities, writers and actors.

In fact, the root definition of philanthropist is “lover of humanity” - it means any single person, who loves fellow men and fellow women.

If people are asked whether they love the idea of generosity and philanthropy or not, almost everybody will answer back “Yes”. It means every single person loves the idea of generosity and philanthropy. There is no problem with loving the idea but the problem is failing to live generously.

For example, we know the idea (knowledge) of doing exercises but we rarely exercise. It is not effective. But, those who exercise

are effective. Luckily, I got a chance to visit an orphanage school in Ayeyawady Region last year accompanied by my friends. The school not only needs decent foods but also voluntary teachers for the children. There are only two or three teachers in the school of nearly 100 students. The young teachers were generously contributing their time to the children’s education.

Though not by means of money, the young teachers are great philanthropists by means of their precious times.

Like by mean of time, we can be philanthropists by mean of performing random kindness e.g. picking up trash at the beach or park, paying for someone’s bus/train tickets and giving smiles.

We can also be philanthropists by means of giving away our old belongings and donating blood and so on.

Therefore, philanthropist is every single person doing the welfare of others. No one hates being helped, while helping takes strengths. But, helping others is a people-like practice and philanthropic work. Philanthropy is essential to our society.

FROM PAGE- S-3

As an English saying goes, ‘Eat breakfast like a King, lunch like a prince and dinner like a pauper.’ However, it seems as if many people did reversely because of load of works. The next suggestion is to do our work energetically, sympathetically and selflessly. When I was in childhood, my dad used to tell me to do any work like a lion, which uses the same effort in hunting the preys small or big in size. What’s more, it is a must to have sympathy on others and to work selflessly. The next suggested point is to smile broadly and laugh heartily. I have heard a quote: ‘Smile while you have teeth’. Smile is vital in communicating with others and building a relationship with others. Besides, a saying goes that laughter is the best medicine. Therefore, laugh heartily makes our worries escape. The last suggestion to be mentioned in this essay is to always learn something new. Age is just a number and we all need to keep learning something new always and not to pause learning to keep abreast with changes and development of this fast-developing society.

The points mentioned above are ten points suggested in the Facebook post written by Saya Dr. Soe Than, which I read. There are some points left. If I have a chance, I am going to share the points more in the next essay. I believe that we should follow all of these facts if we love ourselves as it was titled in that post. In this way, we can live more successfully and happily.





Life of a soul

We are born, loved and taken care of
The warmth of our loved ones quite irreplaceable
Soft lullabies played under the starry nights
In the end, everything will be alright
Life though a complicated word
A story filled with highs and lows
With a tick of the clock we all grow old
Life is just a little preview
A short period of time we all go through
Everyone struggles as they live
As it is part of life that is
Each living soul comes and goes
And as for their fate no one knows
We just have to either live or suffer
But in the end, nothing really matters
As all the painful days will soon be over

By Susan
Year-8 (ALBA)



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INTERNATIONAL FLIGHT SCHEDULE

YANGON TO BANGKOK				
FLIGHT	DEP	ARV	DATE	
PG706	5:50	8:10	Daily	
8M335	7:30	9:15	Daily	
UB-019	7:25	9:20	Daily	
TG2304	9:35	11:30	Daily	
PG702	10:30	12:30	1,2,3,4,6,7	
TG2302	11:20	13:15	Daily	
PG708	15:35	17:35	Daily	
8M331	16:30	18:15	Daily	
UB-017	17:35	19:30	Daily	
PG704	18:35	20:35	Daily	
TG306	19:50	21:45	Daily	

YANGON TO DON MUEANG				
FLIGHT	DEP	ARV	DATE	
DD4231	8:05	9:50	Daily	
FD252	8:45	10:30	Daily	
SL201	8:30	10:20	1,3,4,5,7	
FD254	17:40	19:25	Daily	
FD258	21:40	23:30	Daily	
SL207	19:35	21:25	1,2,4,6,7	
DD4239	21:00	22:45	Daily	

YANGON TO GUANGZHOU				
FLIGHT	DEP	ARV	DATE	
8M711	8:40	13:15	2,4,5,7	
CZ3056	11:25	15:55	3,6	
CZ3056	17:30	22:00	1,5	

YANGON TO SINGAPORE				
FLIGHT	DEP	ARV	DATE	
UB001	7:15	23:45	Daily	
8M231	8:20	12:40	Daily	
SQ997	10:25	15:10	Daily	
3K582	11:30	16:05	1,4,5,7	
UB003	16:00	20:30	Daily	
MI519	17:35	22:10	1,2,4,6,7	
MI521	18:30	22:55	3,4,5,6	
3K584	19:40	00:10	1,2,3,5,6,7	

YANGON TO SEOUL INCHEON				
FLIGHT	DEP	ARV	DATE	
KE472	23:30	7:25	Daily	

YANGON TO TAIPEI				
FLIGHT	DEP	ARV	DATE	
CI7916	10:45	16:20	Daily	

BANGKOK TO YANGON				
FLIGHT	DEP	ARV	DATE	
TG2303	7:50	8:45	Daily	
PG701	8:45	9:40	1,2,3,4,6,7	
TG2301	9:35	10:30	Daily	
8M336	10:40	11:25	Daily	
UB020	10:20	11:15	Daily	
PG707	13:45	14:40	Daily	
PG703	16:50	17:45	Daily	
TG305	18:05	18:50	Daily	
8M332	19:15	20:00	Daily	
PG705	20:30	21:55	Daily	
UB018	20:30	21:25	Daily	

DON MUEANG TO YANGON				
FLIGHT	DEP	ARV	DATE	
DD4230	6:20	7:05	Daily	
FD251	7:30	8:15	Daily	
SL200	6:45	7:35	1,3,4,5,7	
FD253	16:25	17:05	Daily	
FD257	20:30	21:10	Daily	
SL206	18:55	19:45	1,2,4,6,7	
DD4238	19:30	20:15	Daily	

GUANGZHOU TO YANGON				
FLIGHT	DEP	ARV	DATE	
CZ3055	8:30	10:20	3,6	
8M712	14:15	15:50	2,4,5,7	
CZ3055	14:40	16:30	1,5	

SINGAPORE TO YANGON				
FLIGHT	DEP	ARV	DATE	
SQ998	7:55	09:20	Daily	
3K581	9:10	10:35	1,2,3,5,6,7	
UB002	13:00	14:30	Daily	
8M232	13:45	15:15	Daily	
MI518	15:15	16:40	1,2,4,6,7	
MI520	14:10	17:35	3,4,5,6	
3K583	17:30	18:45	1,4,5,7	
UB004	21:15	22:45	Daily	

SEOUL INCHEON TO YANGON				
FLIGHT	DEP	ARV	DATE	
KE471	18:15	22:10	Daily	

TAIPEI TO YANGON				
FLIGHT	DEP	ARV	DATE	
CI7915	7:00	9:50	Daily	

YANGON TO KUALA LUMPUR				
FLIGHT	DEP	ARV	DATE	
AK505	8:25	12:40	Daily	
MH741	11:15	15:45	Daily	
OD551	12:25	16:45	1,4,7	
MH743	16:10	20:30	1,4,6,7	
AK503	19:10	23:30	Daily	
OD553	23:55	4:20+1	2,3,5,6	

YANGON TO HONG KONG				
FLIGHT	DEP	ARV	DATE	
KA251	1:25	6:00	1,2,3,4,6,7	
UB8027	7:05	11:45	3,5,7	
KA275	17:05	21:50	1,3,5,7	

YANGON TO DHAKA				
FLIGHT	DEP	ARV	DATE	
BG061	14:15	16:00	1,3,6	

YANGON TO DUBAI				
FLIGHT	DEP	ARV	DATE	
EK389	2:00	5:45	1,2,4,6	

YANGON TO BEIJING				
FLIGHT	DEP	ARV	DATE	
CA906	23:50	5:50+1	1,3,4,5,7	

YANGON TO HANIO				
FLIGHT	DEP	ARV	DATE	
VN956	19:00	21:30	Daily	
VJ918	18:55	21:20	Daily	

YANGON TO HO CHI MINH				
FLIGHT	DEP	ARV	DATE	
VN942	12:10	15:05	1,3,4,6,7	

YANGON TO TOKYO				
FLIGHT	DEP	ARV	DATE	
NH814	22:10	6:45+1	Daily	

YANGON TO DOHA				
FLIGHT	DEP	ARV	DATE	
QR919	1:05	4:55	1,3,4,6,7	

YANGON TO CHIANG MAI				
FLIGHT	DEP	ARV	DATE	
PG724	13:40	15:30	1,3,4,7	

KUALA LUMPUR TO YANGON				
FLIGHT	DEP	ARV	DATE	
AK504	6:45	7:55	Daily	
MH740	9:10	10:25	Daily	
OD550	10:15	11:30	1,4,7	
MH742	13:55	15:05	1,4,6,7	
AK502	17:20	18:30	Daily	
OD552	21:45	22:55	2,3,5,6	

HONG KONG TO YANGON				
FLIGHT	DEP	ARV	DATE	
UB8028	12:45	14:30	3,5,7	
KA250	21:50	23:35	1,2,3,5,6,7	
KA254	14:20	16:10	1,3,5,7	

DHAKA TO YANGON				
FLIGHT	DEP	ARV	DATE	
BG060	10:45	13:30	1,3,6	

DUBAI TO YANGON				
FLIGHT	DEP	ARV	DATE	
EK388	10:30	16:15	1,3,5,7	

BEIJING TO YANGON				
FLIGHT	DEP	ARV	DATE	
CA905	19:00	22:55	1,3,4,5,7	

HANIO TO YANGON				
FLIGHT	DEP	ARV	DATE	
VN957	16:40	18:05	Daily	
VJ917	16:30	17:55	Daily	

HO CHI MINH TO YANGON				
FLIGHT	DEP	ARV	DATE	
VN943	9:30	11:05	1,3,4,6,7	

TOKYO TO YANGON				
FLIGHT	DEP	ARV	DATE	
NH813	11:00	16:25	Daily	

DOHA TO YANGON				
FLIGHT	DEP	ARV	DATE	
QR918	8:25	17:50	2,3,5,6,7	

CHIANG MAI TO YANGON				
FLIGHT	DEP	ARV	DATE	
PG723	12:05	12:55	1,3,5,7	

YANGON TO KUNMING				
FLIGHT	DEP	ARV	DATE	
MU2580	10:55	14:35	2,4,6	
MU2012	13:40	20:50	3	
MU9750	15:55	19:35	2,4,6	
MU9758	15:55	19:35	1,3,5,7	

MANDALAY TO BANGKOK				
FLIGHT	DEP	ARV	DATE	
PG710	14:30	16:55	Daily	
PG714	19:15	21:40	Daily	

MANDALAY TO DON MUEONG				
FLIGHT	DEP	ARV	DATE	
FD245	12:55	15:20	Daily	

MANDALAY TO KUNMING				
FLIGHT	DEP	ARV	DATE	
MU2568	9:25	12:25	Daily	
MU2040	15:20	18:25	1,3,7	
MU9742	15:20	18:25	2,4,6	
MU9748	21:20	00:25	2,4	