

Pyidaungsu Hluttaw Deputy Speaker arrives back from Germany



Pyidaungsu Hluttaw Deputy Speaker U Tun Tun Hein being welcomed back by officials. **PHOTO: MNA**

AT THE invitation of Hanns Seidel Foundation, a Myanmar delegation led by Pyidaungsu Hluttaw Deputy Speaker and Pyithu Hluttaw Deputy Speaker U Tun Tun Hein visited Germany and arrived back at Yangon

International Airport yesterday evening.

The delegation was welcomed back by Yangon Region Hluttaw Speaker U Tin Maung Tun, Deputy Speaker U Lin Nang Myint and officials.

Members of the delegation Amyotha Hluttaw representative U Aung Kyi Nyunt, Pyithu Hluttaw representative Dr. Daw Than Ngwe and officials from Hluttaw office also arrived back on the same flight.—MNA ■

Chair, member of Independent Commission of Enquiry depart from Myanmar



Ambassador Rosario Manalo (center right) being seen off by officials at Yangon International Airport yesterday. **PHOTO: MNA**

CHAIRPERSON of the Independent Commission of Enquiry, former Deputy Foreign Minister of the Philippines, former Chair and current Representative of the Philippines to CEDAW, Ambassador Rosario Manalo and member of the commission, former Under-Secretary-General for Humanitarian Affairs and Emergency Relief Coordinator, former Permanent Represent-

ative of Japan to the United Nations Ambassador Mr. Kenzo Oshima departed from Yangon yesterday at 5:30 pm.

The Chairperson and member were seen off by Director-General of Strategic Studies and Training Department Daw Kay Thi Soe and responsible officials at Yangon International Airport.—MNA ■

Rakhine State Chief Minister meets local people in Yathedaung Tsp

RAKHINE State Chief Minister U Nyi Pu and party visited Kanaung Gyi Village in Yathedaung Township and met with local people at a monastery in the village.

During the meeting, the Rakhine State Chief Minister focused on socio-economic developments of the local people and peace and law enforcement,

along with the region's development in education, health, agriculture and livestock and breeding sectors.

Afterwards, attendees stated some necessities of the region and responsible officials sought solutions to the issues, followed by the Chief Minister's coordination.

Afterwards, the Chief Min-

ister and party also met with local people in Ywarthit Kay Village and Hteeswel Village.

During the meeting, necessities of the local people were discussed, and the Chief Minister and party donated Ks 3 million for a temporary school building in Hteeswel Village, it is learnt.—IPRD (Yathedaung) ■



Rakhine State Chief Minister U Nyi Pu meeting with local people in Yathedaung Township yesterday. **PHOTO: IPRD (YATHEDAUNG)**

US group visits Maungtaw Township



Mr Heizman Richard Charies and group visiting a monastery in Taung Pyo Letwe town yesterday. **PHOTO: TAUNG PYO IPRD**

MR Heizman Richard Charies and group from the United States, gathering information in Taung Pyo Letwe town, arrived at a monastery in the afternoon and documented the monastery, classrooms and other buildings that were damaged during the terrorist attacks in

Rakhine State. They also documented burnt-out villages and interviewed the local ethnic people. They left at 3.30 pm.

Mr Heizman Richard Charies and group will also collect information at Mingyi and Tulaturi villages in Maungtaw Township.—Taungpyo IPRD ■

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Let's extend our helping hand without any discrimination

DURING one's lifetime, there occur good as well as bad happenings. Depending on one's fortune or misfortune, some people undergo a number of sufferings, called 'dukha', commonly translated as trials, pains, discontentment, stress, or the like, while others come across with an abundance of blessings, called 'thukha', translated as happiness, pleasure or bliss. The amount of suffering and happiness vary from one person to another and based on other factors, they can aggravate or ameliorate one's situation.

According to Buddhism, there are eight unfavourable conditions to attain the teachings of the Buddha, and five enemies of mankind, which includes water, fire and thief. People in Myanmar are going through one or more of these sufferings, depending on where they are located. According to Lord Buddha, these sufferings relate to their fortune or misfortune. Whatever it may be, those undergoing sufferings are also worthy to receive humanitarian aid and assistance without any discrimination.



Extending our helping hands to those in need, regardless of race and religion reflects a genuine

Humanitarian aid is provided to people in need of basic necessities for their survival. People from different communities in Myanmar are going through pain and suffering in the aftermath of conflicts in Maungtaw, Rakhine State, while some others are in dire necessity for basic requirements due to internal armed conflicts in their ethnic regions, compounded with frequent natural disasters nationwide.

A matter of special importance when extending our helping hands to those victims of natural and man-made disasters is the availability of funds and an adequate amount of supplies. While Myanmar is

trying its best to continue providing aid to those in need from its own resources, the country is also collaborating with international agencies and donors which wish to give a hand in its extensive rehabilitation plan for the victims.

At present, the UNDP and the UEHRD are cooperating with the Myanmar government's endeavours in the Rakhine State. The International Committee of the Red Cross (ICRC) is a humanitarian institution which has a long-lasting relationship with Myanmar. In the aftermath of the incidents in Rakhine State, ICRC's humanitarian assistance for the people in the state has been highly effective.

The ICRC has made it its resolve to increase cooperation with the government for those suffering not only in Rakhine State but also in Kachin, Kayah, Kayin, Chin and Shan states. ICRC has been well-known to be the first among other similar organizations to supply aid to victims in conflict-affected areas. It is not only an institution that provides first-aid support in emergency cases, but it's also an organization that provides basic healthcare, water and sanitation needs as well as social support to people in need, regardless of race and religion.

Extending our helping hands to those in need, regardless of race and religion reflects a genuine humanitarian spirit. We encourage other international organisations that have been requested to offer aid to follow the footsteps of the ICRC in its fairness and effectiveness in helping those suffering without any discrimination.

By Khin Maung Myint

INTEGRITY shapes a person. This is an attribute that everyone, irrespective of profession or status must possess, but I doubt whether some people do. A person of integrity is always respected, trusted and relied upon.

Ever since I joined the service in my early twenties, our superiors frequently guided us to observe integrity. In those days I thought that integrity is an attribute of officers or leaders, because one of my mentors used to say that as officers we must have integrity, and OLQ. OLQ is an abbreviation of "officer-like qualities". When we asked him what those OLQs are, he said there are dos and don'ts that officers must observe. In general, any behaviour, manner, conduct or action that could lead us to "unbecoming an officer" must be avoided, he said. Though he didn't go into detail to explain what 'integrity is, I thought I understood what he meant.

Later in life, as I gained more experience and knowledge, I came to realize that the word 'integrity' has a wide range of meanings representing every aspect of human behaviour, manner and character. It's not the attribute of the officers only, but also that of a person of any walk of life, who are worthy of being called a true gentleman.

Definition of integrity

So, let us see what this word means, as the dictionaries define. According to one, it is the quality of being honest and having strong moral principles. Its synonymous



to honesty, uprightness, probity, rectitude, honour, honourableness, good character, principles, ethics, morals, righteousness, morality, nobility, high-mindedness, right-mindedness, noble-mindedness, virtue, decency, fairness, scrupulousness, sincerity, truthfulness, trustworthiness. A person with integrity is acknowledged as a gentleman who is respected and held in high esteem. Here, I would like to point out that wealth, position or status do not define a gentleman, but only integrity does.

However, I would like to emphasize that people in high positions should possess integrity as a must. No one would respect a person who lacks integrity, though they may be feared due to their ranks or positions and the authorities they wield. From my point of view, one should at least be honest, sincere, truthful, have principles, decent, fair, and above

all possesses a good character to be regarded as a gentleman of integrity. This attribute will carry him a long way in his career or business and will be respected and honored by others.

Integrity and leadership

To realize the importance of integrity, I will mention some useful quotes regarding integrity, made by some famous people. Socrates once said "Be as you wish to seem", while Plato's outlook was "Integrity is your destiny - it is the light that guides your way." General Douglas MacArthur defined 'integrity' from the leadership aspect, thus: "A true leader has the confidence to stand alone, the courage to make tough decisions, and the compassion to listen to the needs of others. He does not set out to be a leader, but becomes one by the equality of his actions and the integrity of his intent." Another

famous general and president, Dwight D. Eisenhower said "The supreme quality for leadership is unquestionably integrity. Without it, no real success is possible." American author Zig Ziglar's view is: "It is true that integrity alone won't make you a leader, but without integrity you will never be one."

Integrity in general

Apart from the above quotes made by great philosophers and leaders, there are many made by people from all walks of life. Famous Hollywood actress Oprah Winfrey has this to say about integrity: "Real integrity is doing the right thing, knowing that nobody's going to know whether you did it or not." I totally agree with her: Do what you have to do without advertising it to others or to put it bluntly, do not brag about it.

Barbara De Angelis, a relationship consultant, lecturer, author and TV personality defined integrity, thus: "Living with integrity means not settling for less than what you know you deserve in your relationships; asking for what you want and need from others; speaking your truth, even though it might create conflict or tension; behaving in ways that are in harmony with your personal values; making choices based on what you believe, and not what others believe."

Integrity and character

The character of an individual has much influence on that person's integrity, which is well highlighted by philosopher, es-

sayist, poet and novelist George Santayana as follows: "Our character is an omen of our destiny, and the more integrity we have and keep, the simpler and nobler that destiny is likely to be."

At the beginning of this article, I stated that "integrity shapes a person". This statement is supported by the wise words of George Santayana, who said, "The soul is dyed the color of its thoughts. Think only on those things that are in line with your principles and can bear the light of day. The content of your character is your choice. Day by day, what you choose, what you think, and what you do is who you become. Your integrity is your destiny, it is the light that guides your way." In relation to character, Thomas Paine also said, "Character is much easier kept than recovered." So we should take care not to lose it as it would be difficult to recover. You can easily judge the character of a man by how he treats those who can do nothing for him. The integrity of a person is to be measured by their conducts, not by their professions.

Integrity and success

According to the words of the wise, integrity without knowledge is weak and useless, and knowledge without integrity is dangerous and dreadful. When you are able to maintain your own highest standards of integrity -- regardless of what others may do -- you are destined for greatness, or integrity is the essence of everything successful. A person of integrity conforms

reality to their words -- in other words, keeping promises and fulfilling expectations, even after circumstances have changed. Losers make promises they often break, whereas winners make commitments they always keep. The glue that holds all relationships together is trust, and trust is based on integrity. People of integrity and honesty not only practice what they preach, they are what they preach. Each person must live one's life as a model to others.

Integrity and truth

Integrity and truth are inseparable. Truth allows you to live with integrity. Everything you do and say shows the world who you really are, so always be truthful. The best policy is: if it is not right, don't do it; if it is not true, don't say it. One person of integrity can make a difference, thus humanity's fate hangs on personal integrity. Each one of us could make the difference, so we should opt for integrity.

Conclusion

There are over a thousand or so quotations by famous leaders, generals, philosophers, writers and actors, but for the purpose of this article, I chose only those that are related to character, honesty, truth and trust. Which, from my point of view are the most essential qualities that constitute integrity.

Before concluding I would like to highlight the quality of leadership by mentioning what President Dwight D. Eisenhower said. He said, "The supreme quality for leadership is unquestionably integrity. Without it, no real success is possible, no matter whether it is on a section gang, a football field, in an army, or in an office."

Thus integrity is the key to success for every professional. Here I would like to add that, those in politics should also possess high standards of integrity to garner the trust of the people and not to veer away from the moral principles expected of them, under any circumstances. Having said that, allow me to conclude by quoting President Abraham Lincoln: "Nearly all men can stand adversity, but if you want to test a man's character, give him power."



Myanmar Daily Weather Report (Issued at 7:00 pm Sunday 7th October, 2018)

BAY INFERENCE: According to the observations at (18:30) hrs M.S.T today, the low pressure area over the South Bay of Bengal still persists. It may further intensify into a depression during next (24) hrs. Weather is partly cloudy over North Bay and partly cloudy to cloudy over the Andaman Sea and elsewhere in the Bay of Bengal.

FORECAST VALID UNTIL AFTERNOON OF THE 8th October, 2018: Rain or thundershowers will be isolated in Nay Pyi Taw, Kayah, Kayin and Mon States, scattered in Upper Sagaing, Magway and Bago Regions, Kachin, Chin and Rakhine States, fairly widespread in Yangon and Ayeyarwady Regions, (Northern and Eastern) Shan State and widespread in the remaining Regions and States. Degree of certainty is (100%).

STATE OF THE SEA: Squalls with moderate to rough seas are likely at times off and along Myanmar Coasts. Surface wind speed in squalls may reach (30-35) m.p.h. Wave height will be about (6 - 9) feet in off and along Myanmar Coasts.

OUTLOOK FOR SUBSEQUENT TWO DAYS: Likelihood of increase of rain in Lower Sagaing, Mandalay and Magway Regions and Rakhine State.

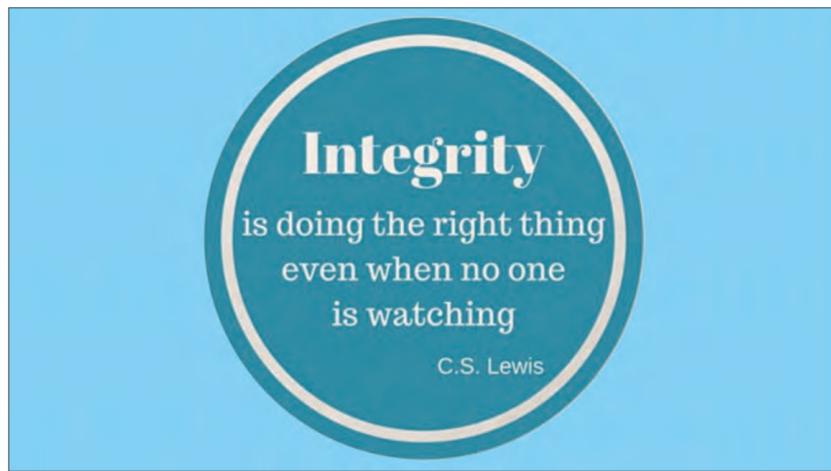
FORECAST FOR NAY PYI TAW AND NEIGHBOURING AREA FOR 8th October, 2018: Isolated rain or thundershowers. Degree of certainty is (100%).

FORECAST FOR YANGON AND NEIGHBOURING AREA FOR 8th October, 2018: Isolated rain or thundershowers. Degree of certainty is (100%).

FORECAST FOR MANDALAY AND NEIGHBOURING AREA FOR 8th October, 2018: Isolated rain or thundershowers. Degree of certainty is (100%).

Invitation to young writers for Sunday Special

The Global New Light of Myanmar is accepting submissions of poetry, opinion, articles, essays and short stories from young people for its weekly Sunday Next Generation Platform. Interested candidates can send their work to the **Global New Light of Myanmar** at No. 150, Nga Htat Kyee Pagoda Road, Bahan Township, Yangon, or by email to dce@globalnewlightofmyanmar.com with the following information: (1) Sector you wish to be included in (poetry, opinion, etc.), (2) Own name and (if different) your penname, (3) Your level of education, (4) Name of your School/College/University, (5) A written note of declaration that the submitted piece is your original work and has not been submitted to any other news or magazine publishing houses, (6) A color photo of the submitter, (7) Copy of your NRC card, (8) Contact information (email address, mobile number, etc.). - Editorial Department, The Global New Light of Myanmar



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